

Highlights of the Month

- *Military Youth of the Year Competition*
- *Snow Activities*
- *Glow Crazy Skate Night*

JAN **TWENTY**
25



Review



SCAN FOR DETAILS

NATIONAL ART EXHIBIT

NAS SIGONELLA

FEBRUARY 12, 2025 | 3:45 PM

NATIONAL ART EXHIBIT

ALL SIGONELLA YOUTH AGES 6-18



EXHIBIT IN MIDTOWN ATRIUM



Eligibility

In order to participate, please enroll in our Youth Program by coming into the Youth Complex or calling 624-1750 for more information. Members must be 11 years old and have started the 6th grade to 18 years of age and still in high school.

Check out the Youth Complex Calendar!

You can find more events, clubs and fun happening throughout the month! Pick one up at the Youth Complex in Marinai or email jasmine.t.mailoto.naf@us.navy.mil

FACILITY CLOSURES:

JAN 17 In-Service Training Day

JAN 20 Martin Luther King, Jr. Day

MONDAYS, 6 & 27

Table Talk Sessions

Location: Youth Complex **Time:** 4:30 pm

Youth Complex table talk sessions provide a safe and open space to discuss any and all topics related to being a teen. From learning more about identity and self esteem, to navigating safe and positive social interactions, everyone is welcome to express themselves and promote self-growth in a variety of ways! This month, Mrs. Jess and the teens will dive deep into topics of new year goals, safe and healthy relationships, and growth mindset amongst other fun topics driven by youth input!

MONDAYS, 6, 13 & 27

Torch Club Meetings

Location: Youth Complex **Time:** 3:30 - 4:30 pm **Ages:** 11-13

Torch club provides leadership development opportunities to Sigonella preteens, ages 11-13 (grades 6-8). This month's meetings will involve planning and executing our club service project for the month to kick off the new year, brainstorming ways to improve Youth Complex programming for our middle schoolers, and gathering youth input for a potential middle school night!

WEDNESDAY, 8

Keystone Club Meeting

Location: Youth Complex **Time:** 1:45 - 2:45 pm **Ages:** 14-18

Keystone club provides leadership development opportunities to Sigonella teens, ages 14-18 (grades 9-12), in four focus areas including Academic Success, Career Preparation, Community Service and Teen Outreach. This meeting will involve planning our respective service projects for the new year, execute community events, and brainstorm other events and teen driven activities for the charter year based on our goal for...LEGACY STATUS!



JANUARY 15
MIDTOWN 2 THEATERS • 5PM

ALL MONTH

Community Puzzles

Time: 10:00 am - 6:00 pm

Puzzles are always available throughout the month at the MWR Library for the community to work on together. Spend a relaxing afternoon making social connections and connecting pieces of the puzzles together.

EVERY WEDNESDAY

Early Literacy: Full STEAM Ahead!

Time: 10:30 - 11:15 pm **Ages:** 1-5 and caregivers

Join us to jump-start early literacy skills for toddlers and preschoolers! Caregivers and children will learn together while we sing, read, play, and grow. This program is best suited for pre-readers (ages 1-5) and their caregivers.

TUESDAY, 7

New Year Vision Boards

Time: 3:30 - 5:30 pm **Cost:** Free

Let's celebrate the New Year as we get together to make 2025 vision boards. Participants will design collages to represent their wishes or goals for the year using cut outs from magazines that the library will provide. Feel free to bring your own as well!

TUESDAY, 14

Spider-Man: Across the Spider-Verse

Location: Midtown 2 Theaters **Time:** 4:30 pm **Cost:** Free

We are celebrating National Science Fiction Day this month by watching Miles Morales catapult through the multiverse in the acclaimed animated film Spider-Man: Across the Spider-Verse. See you at the show!



Youth Sports

Basketball & Indoor Cheer

Registration CLOSED

Coaches Meeting

January 6

5:30-6:30 pm | Youth Complex

Parent Orientation

January 8

11:30 am -12:30 pm | Microsoft Teams

**BASEBALL & SOFTBALL REGISTRATION
OPENING IN FEBRUARY**

Coach CPR & First Aid Training

January 14 | 8 a.m.-1 p.m.

Limited Spaces Available

Youth Sports Email:

usn.sigonella.nassigonellait.mbx.youth-sports@us.navy.mil

x4248

Midtown 2 Theaters

Cost: \$6 Adults (12 years & older)
\$4.50 Kids (6-11 years old) Free (5 years & under)
Visit www.navywmwrsigonella.com/movies
for showtimes.

TUESDAY, 8

Early Release Wednesdays

Time: 2:00 pm

Eligibility: Students & Teachers **Cost:** Free Admission

Are you a student or a teacher? Spend your early release from school unwinding with a free movie every 2nd Wednesday of the month. Grab your friends and enjoy some cinema magic on us!

WEDNESDAY, 15

Way Back Wednesdays

Time: 7:00 pm **Cost:** Free Admission

Check out our poll on Facebook & Instagram in January to vote for the next Way Back Wednesdays movie!

- (1) Forrest Gump (1994, PG-13)
- (2) Goodfellas (1990, R)
- (3) Top Gun (1986, PG)
- (4) 50 First Dates (2004, PG-13)

TUESDAY, 21

My Way Matinée

Time: 10:30 am **Movie:** Coco (2017) **Cost:** Free Admission

Enjoy a sensory-friendly movie experience with dim lights and lower sound volume for all ages! Available the third Tuesday of every month.

**PURCHASE YOUR
TICKET HERE**



Bowling Center

x4302

FRIDAY, 17

No School Glow Bowl

Time: 11:30 am - 4:00 pm **Cost:** \$5 per person

No school?! Enjoy unlimited glow bowling including shoes and popcorn for just \$5 per person!

SATURDAYS, 18 & 25

Basketball Post Game Celebration

Cost: 1/2 Price Games

Celebrate the hard work of our Jaguar basketball and cheerleading teams after the home game! Have fun and enjoy our 1/2 price games all day!

SUNDAY, 19

National Popcorn Day

Cost: Regular price games with unlimited free popcorn

Let's make your day poppin' as you enjoy bowling while savoring the deliciousness of unlimited salty popcorn on the house!



SEASON BEGINS FEBRUARY 4 2025



SIGONELLA CAPTAIN'S CUP

**Flag Football Tournament
Begins January 14**

Registration Deadline: JAN 10

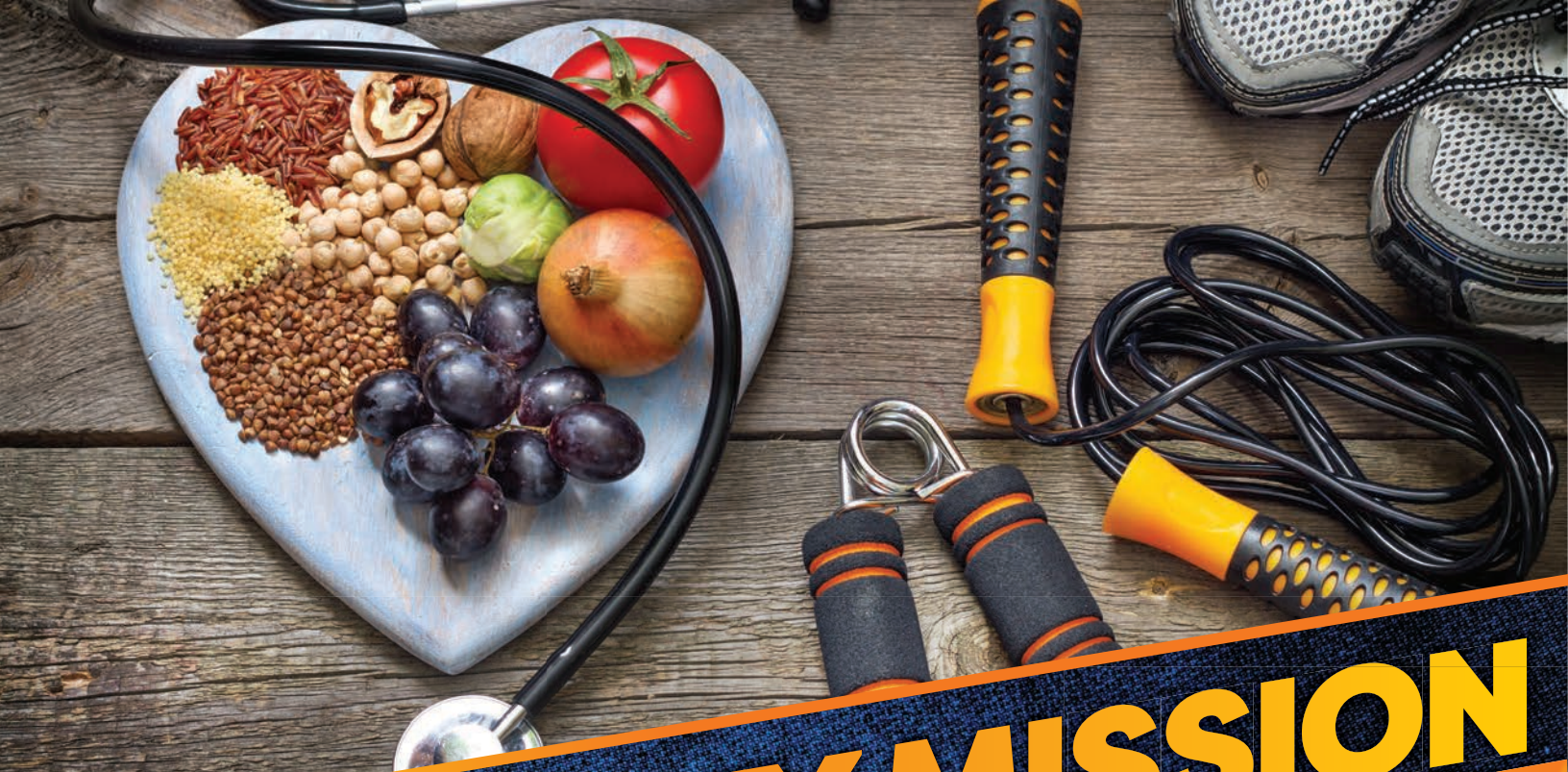
Location: NAS II Turf Field

Eligible Patrons: Active duty, NATO
& DoD ID cardholders **Cost:** Free **Ages:** 18+

For registrations and more information,
contact the Adult Sports Coordinator,
Angelina Gott at
angelina.p.gott.naf@us.navy.mil
or 624-3785.



**NAS II TURF FIELD | 18+
REGISTRATION DEADLINE: FRIDAY, JANUARY 31**



FREE NAVY MISSION NUTRITION JANUARY 9 & 10 8 AM - 12 PM

Are you ready to feel better, perform better, and excel at the Navy Physical Fitness Assessment?

Mission Nutrition is a two-day course dedicated to preparing you for the BCA, PRT, and informing you of any other nutrition-related topics.

During the course, you will learn how to optimize your diet for exercise, increase your general wellness, and discuss current nutrition trends and science-based information.

Anyone can register, however, priority will be given to active duty members.

To register, please send the full name of the participant, their priority status (FEP, CFL, ACFL, or none), branch, command, e-mail address, and phone number to heather.p.holcombe.naf@us.navy.mil

GET MORE DETAILS ON
WWW.NAVYMWRSIGONELLA.COM



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MWR Sigonella



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NAVY MWR Sigonella





Adapted by
Michael McGill

MISSOULA
CHILDREN'S
THEATRE

Music and Lyrics by
Michael McGill

Auditions
Monday, DEC 30 • 10 am - 12 pm
Ages: 5 (in Kindergarten) - 18

Rehearsals
DECEMBER 30 - JANUARY 3
No rehearsal on January 1

Performance
Saturday, JAN 4 • 2 pm
Sigonella Elementary School Knights Hall



x4777

Community Activities

Registration for classes is available at Community Recreation or the Liberty Center. Please refer to each class description for any registration deadlines.

WEDNESDAY, 8

Indoor Belay Certification

Location: "The Cave" Rockwall **Time:** 2:00 - 5:00 pm **Ages:** 14+
Cost: \$30/\$25 Liberty

This class will walk you through the steps of belaying a climber. To earn your Belay Certification Card, each participant must be able to show the ability to tie knots correctly and safely belay and actual climber.

WEDNESDAYS 15, 22, 29 & FEB 5

Beginners Modern Calligraphy

Location: MWR Chart Room **Time:** 5:30 - 7:30 pm **Ages:** 12+
Cost: \$25 each class - plus a one-time supply fee of \$35 (includes pens, nibs, ink holder, cleaner and bottle)

Unlock your creative potential in this 4-week Modern Calligraphy course, where classic techniques blend with artistic flair. Over four, 2-hour sessions, you'll explore the art of breaking calligraphy rules to develop your own expressive style. Whether you're a seasoned letterer or a complete beginner, this course offers hands-on guidance to help you create beautiful letters.

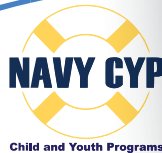
Requirements: To begin the class, you must purchase a one-time supply kit for \$35. This kit includes a pen holder, multiple nibs, ink, a dip container, cleaner, and practice pad. You can use this kit during the class and continue practicing at home afterward. If you have already purchased a supply kit from the copperplate classes, you do not need to purchase another one for this class.

Employee of the MONTH NOVEMBER

Gnintou Webike Mindamou (Bijou)

PROGRAM ASSISTANT

Bijou manages the Blossom classroom with ease and has excellent relationships with both the children and the parents. She has helped train new staff on processes and procedures of the classroom as well. Bijou always has a positive energy and attitude that affects everyone around her. She has been performing at the highest level possible and her leadership qualities have been acknowledged by her co-workers. Thank you, Bijou, for all that you do for the Sigonella Community families!



x5603

568 Lounge

EVERY WEDNESDAY & FRIDAY

Karaoke Night

Wednesday: 8:00 pm - 12:00 am **Ages:** 18+
Friday: 9:00 pm - 2:00 am **Ages:** 18+

EVERY SATURDAY

DJ Nights

Time: 9:00 pm - 2:00 am **Ages:** 18+

FRIDAYS, 10 & 24

Latin Dance Lessons

Lessons: 8:30 - 10:00 pm | **Dancing:** 10:00 pm - 2:00 am
Ages: 18+ **Cost:** Free

MWR is hosting Latin Salsa, Bachata & Merengue lessons in our newly renovated facility, 568 Lounge, on NAS III! Join us for lessons and then spend time afterwards practicing by dancing the night away!

Auto Skills Center

x5244

SATURDAY, 25

Auto Skills Maintenance Class: Car Care 101

Time: 10:30 am **Ages:** 16+ **Cost:** \$5

Learn how to check fluid levels, check filters, inspect brakes, change a tire, replace wiper blades and other regular maintenance techniques to keep your car running efficiently. This class will be hands-on instruction on your own vehicle or observe and practice on our demonstration vehicle. No registration required.



Diagnostic Computer

\$20 - Scan for engine fault codes or lights on the dashboard. Compatible with all vehicle makes and models.

Oil in Stock!

We offer oil change assistance with Fully Synthetic 0W20, 5W30, and 5W40 premium engine oil for all vehicle types.

\$44 for four liters + \$11 for each additional liter for larger capacity engines.

Bring your own filter, or we can order it with two day delivery (for most vehicles).

Rent the lift!

Indoor lift bay + access to tools! **\$5 per hour.**

Nail in your tire?

We can fix it! **Tire Plugs \$5.**

Leaky valve stem?

We have them in stock **for \$1.**

AC needs freon?

AC Recharge \$15 + refrigerant.

We have freon in stock!
AC Leak Testing also available.

Need auto parts?

Auto Parts Ordering is now available with **two day delivery included for most vehicles!** Call today or visit the Auto Skills Center on NAS II.

X4777 - X4396

Trips & Tours

Pick Up & Drop Off

NAS I: CDC Parking lot. **MARINAI:** In front of Youth Complex.

NAS II: Flight Line Clinic parking lot. Return times are subject to change.

All children 17 years and younger must be accompanied by a parent or guardian on ALL trips. Children 3-11 are 1/2 price on all tours, unless otherwise noted. Children 2 and under are free.

La Norma Opera



SUNDAY, 19 Bellini Theater

Depart: NAS I 4:00 pm (Only Departure)

Return: 11:00 pm **Cost:** \$75 | Gallery Seats: \$50 (Includes transportation and theater ticket) **Ages:** 12+

SATURDAY, 4

Scilla & Reggio Calabria

Depart: NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am

Return: 8:00 pm **Cost:** \$70 (Includes transportation, guide and ferry fees. Bring euro for museum fees and food.)

We are headed to the mainland! After a ferry ride across the strait of Messina, visit the beautiful city of Scilla and its castle. The next stop will be Reggio Calabria for a chance to see two rare and stunning Greek bronze statues that were discovered in an ancient shipwreck.

SUNDAY, 5

Ragusa Town & Nativity Scene

Depart: NAS II 3:00 pm, Marinai 3:15 pm, NAS I 3:30 pm

Return: 10:30 pm **Cost:** \$35/\$30 Liberty (Includes transportation, guide and entrance fees. Please bring euro or a packed meal)

Tour the town of Monterosso Almo and the live nativity scenes! During your visit, you will see one of the most beautiful living nativity scenes of Sicily, set in a beautiful small Italian town of historical interest. Monterosso Almo, in fact, is a small Eden on a mountain. Among the narrow streets and the stone houses of the old town, the live nativity scene takes place, a tradition since 1984. Afterwards, enjoy dinner of your own preference.

SATURDAY, 11

Pizza Making at the Lemon House

Depart: NAS II 9:00 am, Marinai 9:15 am, NAS I 9:30 am

Return: 4:00 pm **Cost:** \$55 (Includes transportation, guide, and pizza)

Let's make pizza from scratch! Start your day on the Lemon Farm, in Pozzillo, as we prepare the dough and stone oven with wood and fire. While the dough levitates, take a walk to the port of Pozzillo. Afterwards, return to the house to prepare the ingredients and learn the steps to make the perfect homemade pizza.

SATURDAY, 11

Family Day: Orange Harvesting at Borgo Antico Agriturismo

Depart: NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am

Return: 4:30 pm **Cost:** \$55 | Children (3-12): \$20 (Includes transportation, guide, orange harvesting and lunch)

Borgo Antico Agriturismo will be our host for an orange harvest! The unique blood oranges grown in Sicily thrive after a hard cold snap and produce deliciously sweet fruit. The group will be split into teams for picking and the team with the most fruit will win a prize! Each participant will be able to take home oranges so be sure to bring a bag for your treats! Lunch will follow the harvest. Please bring water and mud proof boots, and wear clothes you are ok with getting dirty.



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Magnolia Club Residence *It feels like home.*



Via Zuara, 60 - 95040 Motta Sant'Anastasia | Tel. 095 755 3048 - Fax 095 755 3057
e-mail: magnoliaresidence@virgilio.it | www.magnoliacubresidence.com

SUNDAY, 12**Palermo Baroque Architecture & St. Caterina Monastery****Depart:** NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am**Return:** 6:30 pm **Cost:** \$60 (Includes transportation, guide and entrance fees). Bring euro for shopping and food.

Discover the baroque side of Palermo and the sites that make it so beautiful. Visit the Monastery Church of Santa Caterina, including the kitchens, courtyard and the terraces from where it will be possible to see all the domes of Palermo. This was a monastery of cloistered nuns and was closed to the public until 2017. In this monastery, as tradition dictates, you have the opportunity to buy the typical biscuits prepared by the nuns: the martorana fruit, the best cannoli with ricotta cheese or the famous cassatelle. Afterwards, spend some free time shopping or grabbing a bite to eat.

FRIDAY, 17**Catania Day Shuttle****Depart:** NAS II 8:30 am, Marinai 8:45 am, NAS I 9:00 am**Return:** 2:00 pm **Cost:** \$20 (Transportation only)

Want to spend some time at the markets, find a new restaurant or just wander around and shop? Join Community Recreation for a trip to Catania by day.

SATURDAY, 18**Siracusa Sights: Ortigia & Maniace Castle****Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am**Return:** 6:00 pm **Cost:** \$85 (Includes transportation, guide, lunch and fees.

Bring comfortable shoes to walk around Ortigia)

Take in all the sights of Siracusa on this historical walking tour. First, visit the Byzantine Maniace Castle and learn about dashing Norman knights from long ago. Then, visit key landmarks to include St. Giovanni Catacombs, the Siracusa Cathedral, Temple of Athena, and the mythological Fontana di Aretusa. After the walking tour, we will relax and enjoy lunch at Trattoria Fiorentina. Please choose seafood, meat, or vegetarian/vegan meal at the time of registration.

MONDAY, 20**Castiglione Di Sicilia & Tornatore Winery****Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am**Return:** 6:00 pm **Cost:** \$75 (Includes transportation, guide, entrance fees, lunch & wine tasting)

Take a walk through history! Explore the town of "Castiglione", originated from Castel Leone, which dominates the Alcantara Valley. 730 years before Christ, the Greeks built a fortified lookout point to control what represented the only access route to the interior of Sicily. The town was dominated several times by Arabs, Normans and Swabians, and soon became a royal city. Roger of Lauria chose Castiglione as his usual summer residence, and Frederick II Duke of Swabia granted the city the nickname "Animosa" and confirmed the privilege of minting money. The city prospered, and the castle was enriched with new fortifications, and newly built churches and palaces. Afterwards, visit Tornatore Winery for lunch and wine tasting.

SATURDAY, 25**Agrigento: Valley of the Temples & Lunch****Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am**Return:** 7:00 pm **Cost:** \$80 (Includes transportation, guided tour, entrance fees and lunch)

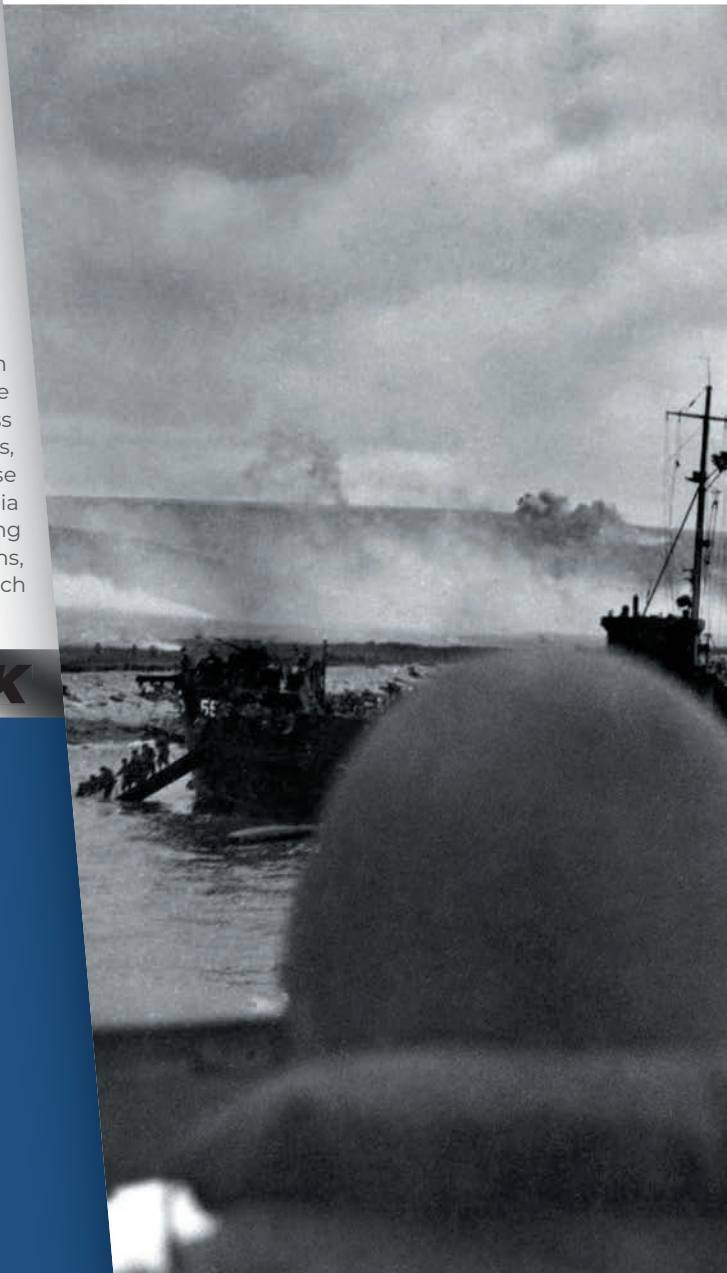
Originally founded as a Greek colony in the 6th century B.C., Agrigento became one of the leading cities in the Mediterranean world. The town of Agrigento is known for its spectacular Valley of Temples and the sacred area of ancient Akragas which is one of the most important colonies of the Greek Empire. Tour Agrigento's Valley of the Temples, followed by lunch at a local restaurant. Please choose between the meat or fish option upon registration.

SUNDAY, 26**WWII Landing Tour (Part 1)****Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am**Return:** 6:30 pm **Cost:** \$55/\$50 Liberty (Includes transportation, local guide, fees and lunch)

If you're a history buff, this WWII Landing Tour is for you! Don't miss the chance to relive Operation Husky and see the spot where the allies landed in Eastern Sicily during WWII. Patrons will have the opportunity to visit Castelluccio, Gela, the Dead Valley, and the Dirillo River. Enjoy a private lunch at Acate Carrubbo Agriturismo in the small town of Acate, the first headquarters for U.S. troops.

SNEAK PEEK

BASE²BASE
RUN
MARCH 22, 2025



Navy Entertainment Presents

MESSLORDS

Celebrity Chefs



Mari-Leen Marais



John Conley



Bobby Marcotte



Shane Hardin

2 Day Event

January 29 & 30

NAS II Galley & Liberty Center



SATURDAY
**Jan
25**



GLOW CRAZY Skate Night

Free Admission • \$5 Skate Rental Fee
*MUST RENT SKATES AT COMM REC BEFORE EVENT

Location & Age
NAS I FITNESS CENTER GYM
ALL AGES WELCOME

Time

SESSION 1 (FAMILIES): 5-7 PM
SESSION 2 (ADULTS 18+): 7:30-9:30 PM

MWR
SIGONELLA 



Winter Equipment Rentals

DAY | WEEK

Adult Jacket	\$8	\$24
Adult Snow Pants	\$8	\$24
Child Snowsuit	\$7	\$21
Sled	\$5	\$15
Snowboard Boots	\$5	\$15
Snowboard Only	\$15	\$45
Snowboard w/boots & Helmet	\$20	\$60
Snowshoes	\$5	\$15



●●○○○ SATURDAY, 4

Mt. Bike Tour: Simeto River

Depart: NAS II 8:00 am, Marinai 8:15, NAS I 8:30 am **Return:** 4:00 pm
Ages: 16+ **Cost:** \$50 (Includes transportation, gear rental, guide and Sicilian BBQ)

Enjoy a flat, 23-mile ride along the Simeto River, the main river of Sicily. This trip will begin near NAS I and end at the Simeto River Natural Reserve. This natural oasis offers a rare chance to see migrating birds, including flamingos on their route to Africa. This trip will take approximately four hours to complete. As soon as we arrive at the sea, we will enjoy a Sicilian BBQ. Please wear clothes that can get dirty, and be sure to bring water and snacks.

●●●○○ SATURDAY, 5

Quad Tour: Mt Etna

Depart: NAS II 7:00 am, Marinai 7:15, NAS I 7:30 am **Return:** 5:00 pm
Ages: Children 12+ can ride along with an adult driver.
Cost: \$130 per person (Double rider) | \$180 per person (Single rider) (Includes transportation, guide, quad fees for 3hrs, and lunch)

Discover Etna like never before - on 4-wheels! Hold on as we tour the south side of Etna by quad, viewing everything that makes it so special, including explosive craters and caves, lava flows, charming old buildings, and expansive green forests. This ride will be one for the books! Please note, that all drivers must have a valid U.S. Driver's License. (The equivalent of an Italian B or B1 Motorcycle license).

●●●○○ SATURDAY, 11

Kayak: Alcantara Gorge

Depart: NAS II 8:00 am, Marinai 8:15, NAS I 8:30 am **Return:** 6:00 pm
Ages: 18+ **Cost:** \$70 (Includes transportation, guide, gear & kayak. Please bring an extra pair of shoes.)

Experience another view of the beautiful Alcantara Gorge, by kayak! Famous for its volcanic formations and cold water, take the river all the way to the sea surrounded by a pebbled coast. Please bring a packed lunch & snacks. During registration, please provide your wet suite size and height.

●●○○○ SUNDAY, 12

Hike: Milazzo Natural Reserve

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 6:00 pm
Ages: 18+ **Cost:** \$80 (Includes transportation, guide and lunch)

Enjoy a scenic walk filled with history and spectacular! Our first stop is for breakfast at a buffalo cheese shop, followed by a visit to the Norman Castle in the town of Milazzo. Then, stroll through the natural reserve of Capo Milazzo, continuing all the way down to Venus Lake and the cliff side fisherman's village. Following the walking tour, we will stop for lunch at a local Thai restaurant.

●●○○○ SATURDAY, 18

Hike: Ispica Caves

Depart: NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am **Return:** 5:00 pm
Ages: 13+ **Cost:** \$65 (Includes transportation, local guide and light lunch)

The Ispica Caves, hand-carved out of the canyon, were inhabited from 2000 BC through the 20th Century in the Hyblean Mountains. Tour this paradise of rock, sun and Mediterranean vegetation as you descend the canyon to the ancient village along the Pernamazzone River. Along the way, keep your eyes open for clues to how the inhabitants lived, and stop at a rustic farmhouse where a light lunch of local cheeses, wine and other specialties await. End the tour with a stop by the sea where the river ends along the beach of Santa Maria del Focallo. Please bring water, snacks, and wear comfortable shoes.

●○○○○ SATURDAY, 25

Tandem Sky Diving

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am
Return: 3:00 pm **Recommended Age:** 18+ **Cost:** \$35 (Includes transportation only; the tandem jump with video and photo is €270 to be paid on site)

Take advantage of this amazing opportunity to sky-dive in Sicily. See spectacular views and experience an adrenaline rush with "Skydive Sicilia" during the tandem jump. Transportation and dive reservations are provided, but be sure to bring your own courage! Note: The weight capacity for this trip is 220 lbs.

Winter Activities

SUNDAY, 5 ●●●●

Snowshoe: Mt. Sartorius

Depart: NAS II 7:00 am, Marina I 7:15 am, NAS I 7:30 am **Return:** 5:00 pm
Recommended Age: 10+ **Cost:** \$75/\$70 Liberty (Includes transportation, guide, snowshoes and lunch)

Snowshoe approx. 2.5 hours in the forest of Mt. Sartorius! This is one of oldest conifer forests of Mt. Etna, with trees between 200-300 years old. This is a family friendly trip; children must be able to snowshoe for approximately 2.5 hrs. Bring plenty of water and snacks, and dress in layers! You will warm up while you're snowshoeing but cool down once we stop for breaks. Please wear at least one waterproof layer on the outside. Waterproof boots are recommended for this trip. Community Recreation will provide your snowshoes. Please inquire if you need waterproof pants or jacket. After the excursion, we will have lunch at a local restaurant.

SUNDAY, 12 ●●●●●

Snowshoe/Hike: Grotta del Gelo

Depart: NAS II 6:30 am, Marina I 6:45 am, NAS I 7:00 am **Return:** 5:30 pm
Ages: 16+ **Cost:** \$65/\$60 Liberty (Includes transportation, guide and snowshoes.)

This is a rigorous snowshoe/hike (weather dependent) across the lava fields on the north side of Mt. Etna to see the "Ice Cave" Grotta del Gelo. The hike will descend into the caves to explore the lava formations below. Please bring waterproof boots, warm layers, winter attire, water, snacks and a packed lunch.

SATURDAYS 18, 25 & FEB 1 ●●●●

Snowboarding: Mt. Etna

Depart: NAS II 6:30 am, Marina I 6:45 am, NAS I 7:00 am **Return:** 5:00 pm
Recommended Age: 12+ **Cost:** \$20 (Includes transportation only. Bring euro for lift tickets and food; 45-75 euro recommended)

Experience the ride of a lifetime shredding Mt. Etna. Snowboards, boots, bindings and helmets are available to rent on a first come first serve basis. All gear reservations must be made beginning the Tuesday before the trip. Children under 18 MUST be accompanied by an adult. All snowboard trips are weather permitting.

●●●● SATURDAYS 18, 25 & FEB 1

Snowboard/Ski Training Lesson

Depart: NAS II 6:30 am, Marina I 6:45 am, NAS I 7:00 am
Return: 5:00 pm **Recommended Age:** 12+ **Cost:** \$80

(Includes transportation & 2 hours of snowboard/ski instructions. Please bring euro for lift, gear rental & food)

For those wishing to learn how to snowboard, ski or improve their style, look no further than the experienced instructors of the Etna Sci Sport club for individual/group lessons. Spend two hours with qualified instructors learning the basics of the sport. When you're ready, hit the lift for more action!

●●●● SUNDAY, 19

Snowshoe/Hike: Rifugio Galvarina

Depart: NAS II 7:00 am, Marina I 7:15 am, NAS I 7:30 am
Return: 5:00 pm **Ages:** 16+ **Cost:** \$55 (Includes transportation, guide, snowshoe rental and BBQ lunch)

Explore Etna's west side by snowshoe or regular hike (weather dependent) and admire the picturesque winter scenery. This tour will cover 6 miles of moderately difficult terrain at high elevation to the Galverina Shelter, where we will kick back and warm up with a bbq lunch. Please wear waterproof boots and warm winter attire, (layers recommended), and don't forget to bring water and snacks.

●●●● SUNDAY, 26

Snowshoe/Hike: Lamponi Cave

Depart: NAS II 6:30 am, Marina I 6:45 am, NAS I 7:00 am **Return:** 6:00 pm

Ages: 18+ **Cost:** \$75 (Includes transportation, snowshoe rental and guide and lunch)

Explore Etna north by snowshoe or hike (weather dependent) to admire the volcanic landscape blanketed by snow. This tour covers 4 miles of moderately difficult terrain at high elevation. Lunch will be a Sicilian BBQ at Rifugio Timpa Rossa, where the group will rest and warm-up. Bring waterproof boots, warm layers, winter attire, water, and snacks.

ALL WINTER TRIPS ARE WEATHER AND SNOW PERMITTING

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New Place
 TEMPORARY LODGING APARTMENTS
 & BEAUTY CENTER



FREE SHUTTLE TO AND FROM AIRPORT.
 NAS I AND NAS II UPON ARRIVAL AND DEPARTURE

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TUESDAY, 7

Evening - Centro Sicilia

Depart: NAS II 5:00 pm, NAS I 5:20 pm

Return: 8:00 pm

THURSDAY, 16

Day - Centro Sicilia

Depart: NAS II 2:00 pm, NAS I 2:20 pm

Return: 5:00 pm

TUESDAY, 21

Evening - Porte di Catania

Depart: NAS II 5:00 pm, NAS I 5:20 pm Return: 8:00 pm

THURSDAY, 30

Day - Porte di Catania

Depart: NAS II 2:00 pm, NAS I 2:20 pm

Return: 5:00 pm



Liberty Center FREE Services

Movie Theater with reclining seats

700+ Movies

AFN and Disney+

55" TVs dedicated to gaming with PS5, PS4 & Xbox 1

AFN Sports streaming

Full Kitchen with appliances and utensils

Pool Tables

Ping Pong

WiFi access 24/7

Sales for MWR Trips and Tours

Computers with CAC reader

Collaborative spaces for meetings & group activities

WEDNESDAY, 29

Taste of Home with USO

Location: Liberty Center **Time:** 5:30 - 6:30 pm **Cost:** Free

Stop by the Liberty Center for a home cooked meal provided by your local USO. Food, friends and games; what more could you want?



Eligibility
E1-E6, Active Duty Military or Unaccompanied Military. All programs are held at the Liberty Center on NAS II unless otherwise stated.

EVERY MONDAY

Monday Magic: The Gathering

Location: Liberty Center **Time:** 4:00 - 7:00 pm **Cost:** Free
"Gather" with your fellow deck builders and see if you have the best strategy to reign supreme. Swing by to challenge others to play!

EVERY SATURDAY

Warhammer Weekends

Location: Liberty Center **Time:** 12:00 - 7:00 pm **Cost:** Free
Need a reason to stop by the Liberty Center on the weekends? Well, how about 40K of them. Bring your army and battle others in this epic tabletop game. If you don't have the required equipment yet, stop by and learn all you can about Superman's favorite game.

WEDNESDAY, 1

Liberty Snack: Cinnamon Rolls

Location: Liberty Center
Time: 10:00 am - 7:00 pm (While Supplies Last) **Cost:** Free
Ring in the New Year with a Roll. Cinnamon to be exact! Stop by the Liberty Center on New Year's Day and start your year off on a sweet note. While supplies last.



WEDNESDAY, 8

AOSC Serves It Up!

Location: Liberty Center **Time:** 11:30 am - 1:00 pm **Cost:** Free
The All Officers Spouses Club is serving up a delicious home cooked meal for Liberty Patrons today. Come quick as supplies are limited!

TUESDAY, 14

Middle Earth Martedi Movie Marathon

Location: Liberty Center **Time:** 9:00 am - 7:00 pm **Cost:** Free
Stop by Liberty and watch your favorite hobbits walk for 7 hours. Oh yeah, there's also some pretty cool action in there too, and a Wizard!

WEDNESDAY, 15

Liberty Lunch: Chili Dogs

Location: Liberty Center **Time:** 11:00 am - 3:00 pm (While Supplies Last) **Cost:** Free
Get rid of the chill of a mid-January day with some hot chili. Even better, pour it over a hotdog, and have yourself a delicious and satisfying meal.

WEDNESDAY, 22

Liberty Lunch: Breakfast for Lunch

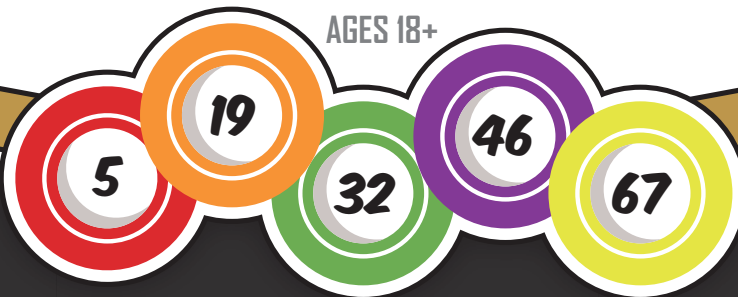
Location: Liberty Center **Time:** 11:00 am - 3:00 pm (While Supplies Last) **Cost:** Free
Have you ever had an awesome breakfast and thought, "Man, I could go for some more of that"? For this week's Liberty Lunch, you can! Stop by and fill up on your breakfast favorites, from pancakes and hash browns, to eggs and sausage.

6 PM NAS | CHART ROOM

BINGO

THURSDAY NIGHTS

AGES 18+



RETURNS
JANUARY 9

JACKPOT

\$2,500 - \$8,000

increases \$500/week with no winner

\$1,200
IN CASH PRIZES
given out each night!



NO NAVY ENDORSEMENT IMPLIED

\$25

PACKAGE SALES
START 5 PM
in Connections

\$10 extra jackpot cards available

JAN **TWENTY**
25



MWR DIRECTORY

TO CALL COMMERCIAL: +39 095 56 xxxx
+39 095 86 xxxx

ADMIN OFFICE

MWR Administration

Phone 624-3968

Mon - Fri: 7:30 am - 4 pm
Sat, Sun & Holidays: Closed

NAF Personnel Office

Phone 624-0522

Mon, Wed - Fri: 7:30 am - 4 pm
Tues: 12:30 - 4 pm

Sat, Sun & Holidays: Closed

FITNESS

Adult Sports Coordinator

Phone 624-3785

Fit District NAS I

Phone 624-4483

Mon - Fri: 5 am - 9 pm
Sat, Sun & Holidays: 8 am - 3 pm
24-Hour access can be granted.
Register at NAS I or NAS II
Front Desk.

Flight Line Fitness Center NAS II

Phone 624-5243

Mon - Fri: 5 am - 9 pm
Sat, Sun & Holidays: 8 am - 3 pm
24-Hour access can be granted.
Register at NAS I or NAS II
Front Desk.

Grinderz Skate Park NAS I

Mon - Sun: 8 am - 8 pm

AQUATICS

Splashers Pool NAS I

Phone 624-4334

Lap Swim
Mon - Fri:
11 am - 1:30 pm & 3 - 6 pm
Sat, Sun & Holidays: Closed

NAS II Flight Line Pool

Phone 624-4766

Lap Swim:
Mon, Wed & Fri:
5:30 - 8:30 am & 10 am - 1 pm
Tues & Thurs:
11 am - 1:30 pm & 3 - 6 pm

COMM RECREATION

Liberty Center NAS II

Phone 624-5602

Mon - Fri: 9 am - 7 pm
Sat, Sun & Holidays:
10 am - 7 pm

**Trips and Tours;
Equipment Rental;
Compass & Chart Room
Reservations**

Phone 624-4396 or 624-4777

Mon - Fri: 9:30 am - 5:30 pm
Sat, Sun & Holidays: Closed

COMM RECREATION

Library NAS I

Phone 624-3875

Mon - Fri: 10 am - 6 pm
Sat, Sun & Holidays: Closed

CYP

CDC NAS I

Phone 624-3736

Mon - Fri: 6 am - 6:30 pm
Sat, Sun & Holidays: Closed

SAC (School Age Care)

Phone 624-3712

Mon - Fri: 6 am - 6:30 pm
Sat, Sun & Holidays: Closed

School Liaison Office

Phone 624-3242

**Youth Complex: Teen
Center & Youth Sports**

Phone 624-1750 or 624-1747
Mon, Tues, Thurs & Fri: 2-7 pm
Wed: On NAS I (YC Closed)
No School days: 12-6 pm
Sat, Sun & Holidays: Closed

BUSINESS ACTIVITIES

Auto Skills Center NAS II

Phone 624-5244

Tues - Sat: 9:30 am - 5:30 pm
Sun, Mon & Holidays: Closed

Midtown 2 Theaters

Phone 624-4216

Please See Movie Schedule

Spare Time Bowling

Phone 624-4302

Mon: Closed
Tues - Thurs: 11:30 am - 8 pm
Fri & Sat: 1:30 - 10 pm
Sun: 11 am - 6:30 pm

Connections NAS I

Phone 624-4264

Fri & Sat: 5 pm - 12 am
Sun - Wed: Closed

568 Lounge - NAS II

Phone 624-5603

Sun - Thurs: 5 pm - 12 am
Fri & Sat: 7 pm - 2 am

Please check our website throughout the month for the most updated hours.



GET SOCIAL



Facebook



Instagram



App

WWW.NAVYMWRSIGONELLA.COM