

## NAS Sigonella Unmanned Fitness Center Agreement

**I understand and agree that having access to the NASSIG MWR Fitness Centers during unmanned hours is a special privilege which can be revoked for rule violations. Furthermore, I agree to abide by all rules stated below.**

### ELIGIBILITY & ACCESS:

- All authorized patrons must request access and be registered prior to obtaining access to unmanned fitness.
- Guests of registered users are NOT permitted into the facility during unmanned hours. “Piggybacking” is prohibited and will result in the loss of privileges for both parties.
- Patrons not authorized for the use of unmanned fitness centers must exit the facility prior to unmanned hours going into effect.
- For patron safety and security, patrons must ensure that the door closes securely following entry. All other doors MUST remain closed unless there is an emergency.

### CONDUCT:

- All normal rules for proper dress, machine usage, and etiquette remain in effect.
- All patrons are expected to behave in accordance with fitness center rules and within the standards of conduct and discipline. Violation of the rules may result in loss of privileges.
- Surveillance cameras will record activities with the fitness centers during unmanned hours. Actions such as theft, defacement, or intentional damage to government property, sexual assault, inappropriate sexual behavior and violation of rules will not be tolerated and are subject to administrative action and/or punishment under the Uniform Code of Military Justice (UCMJ).

### SAFETY & EMERGENCY RESPONSE:

- Patrons acknowledge that there may not be anyone on site to respond to an emergency. However, in case of any emergency or need of assistance, a first aid kit and landline are available at the front desk.
- Patrons are encouraged to work out with a partner in accordance with CNICINST 6100.1, Enclosure (1).
- All patrons must follow any directions given by NASSIG officials (fire, police, or fitness staff) who may be present.
- Use of homemade/personal equipment is prohibited.
- Saunas, steam rooms, aquatics spaces, office spaces and areas behind the front desk are off limits to patrons.
- Patrons acknowledge the NASSIG is not responsible for protection of personal property.
- In the event of a power outage or fire alarm, all patrons will gather their belongings and exit the building promptly.

**I certify that I have read and understand the rules during unmanned hours at the NASSIG MWR Fitness Centers and I agree to abide by all the terms of this statement of understanding.**

Rank/Name (PRINT): \_\_\_\_\_

Command: \_\_\_\_\_

DOD ID #: \_\_\_\_\_

Expiration Date of DOD Card: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_