Highlights of the Month

- > Command Challenge
- Paper Airplane Day
- > Rec Swim Season Begins





Youth Sports Summer 2025

VOLLEYBALL CAMP

Youth Ages 11-18

Session Dates 6/23-6/26 Registration 5/6-6/2 Cost \$25 Location NAS I

RUN CLUB JR.

Youth Ages 5-10

Session Dates Fridays, 6/25-7/30 Registration 5/6-6/11 Cost \$25 Location NAS I

RUN CLUB PROS

Youth Ages 11-18

Session Dates Wednesdays, 6/27-8/1
Registration 5/6-6/11 Cost \$25
Location Marinai

ADVENTURE CAMP

Youth Ages 13-18

Session Dates 7/7-7/10
Registration 5/6-6/23 Cost \$100
Excursions Depart from Marinai

Tuesday - Friday | 10 AM - 6 PM at the Youth Complex in Marinai

REGISTRATION

Or Email Registration to:

usn.sigonella.nassigonellait.mbx.youth-sports@us.navy.mil

Note for Parents

All youth under the age of 13 must remain in compliance with the Base Supervision Policy in order to participate in Youth Sports & Fitness programs. Registration is required through the Youth Complex prior to participation in all activities. Calendar information, programs, dates, age, cost and location are subject to change.

Steps to register for Youth Sports Activities & Programs:

1. Complete a Navy Child and Youth Program

Registration Packet: www.navymwrsigonella.com

2. Complete the NAYS Parent Orientation

Link: www.nays.org/parents

- 3. Must add organization "Sigonella".
- 4. Drop off forms at the Youth Complex in Marinai.

For more information, contact the Youth Sports & Fitness Coordinator at: 624-1750 | +39 095 56 1750 usn.sigonella.nassigonellait.mbx.youth-sports@us.navy.mil







Teen Programs

Eligibility

In order to participate, please enroll in our Youth Program by coming into the Youth Complex or calling 624-1750 for more information. Members must be 11 years old and have started the 6th grade to 18 years of age and still in high school.

Check out the Youth Complex Calendar!

FACILITY CLOSURES: MAY 23 Field Trip

MAY 26 Memorial Day

MONDAYS, 5 & 19

Table Talk Sessions

Location: Youth Complex Time: 4:30 pm Ages: 11-18

Youth Complex table talk sessions provide a safe and open space to discuss any and all topics related to being a teen. From learning more about identity and self esteem, to navigating safe and positive social interactions, everyone is welcome to express themselves and promote self-growth in a variety of ways! This month, Mrs. Jess and the teens will dive deep into topics of mindfulness, openness, and stress relief. Additionally, Mrs. Paula will lead a journaling workshop!

WEDNESDAY, 7

Keystone Club Meeting

Location: DODEA HS Time: 1:45 - 2:45 pm Ages: 14-18

Keystone club provides leadership development opportunities to Sigonella teens, ages 14-18 (grades 9-12), in four focus areas including Academic Success, Career Preparation, Community Service and Teen Outreach. This meeting will involve planning our respective service projects for the summer, execute community events, gain feedback on Operation Megaphone, and finalize our charter details to submit into the portal for our goal of...LEGACY STATUS!

MONDAY, 12

Torch Club Meeting

Location: Youth Complex Time: 3:30 - 4:30 pm Ages: 11-13

Torch club provides leadership development opportunities to Sigonella programming for our middle schoolers, and solidifying summer plans!

Library

x3875

ALL MONTH

Community Puzzles

Time: Regular Hours of Operation

Puzzles are always available throughout the month at the MWR Library for the community to work on together. Spend a relaxing afternoon making social connections and connecting pieces of the puzzles.

EVERY WEDNESDAY

Early Literacy: Full STEAM Ahead!

Time: 10:30 - 11:15 am Ages: 1-5 and caregivers

Join us to jump-start early literacy skills for toddlers and preschoolers! Caregivers and children will learn together while we sing, read, play, and grow. This program is best suited for pre-readers (ages 1-5) and their caregivers.

TUESDAY, 6

Mother's Day Trinket Boxes

Time: 4:30 - 6:00 pm Ages: All ages welcome

Create personalized wooden trinket boxes for the perfect Mother's Day gift using decoupage, stencils, stamps, and paint.

THURSDAY, 22

Memorial Day Poppy Pins

Time: 4:30 - 6:00 pm Ages: All ages welcome

The red poppy is a nationally recognized symbol of sacrifice worn by Americans since World War I to honor those who served and died for our country in all wars. Make tissue paper poppies to wear as pins in honor of our military and the sacrifices they have made. We'll also read the poem "In Flanders Fields" which inspired the tradition. Supplies are available for you to make several pins for friends and family.



School Age Care Youth Ages 5-12 For more information.

militarychildcare.com

Youth Spor

Coaches CPR Classes May 13 & June 2

x4248

Midtown 2 Theaters

Cost: \$6 Adults (12 years & older) \$4.50 Kids (6-11 years old) Free (5 years & under) Visit www.navymwrsigonella.com/movies for showtimes.

MAY 2 - 4

Magical Movie Marathon Weekend: Star Wars

Cost: Free Admission

Calling all Jedi, Sith, Rebels and Droids! Prepare to embark on an epic journey through the Star Wars SAGA with a Back to Back Movie Marathon that will transport you to a galaxy Far Far Away! Cosplay is encouraged! Show off your Jedi Robes or Sith Attire. From the rise of the empire to the fall of the First Order, relive every epic lightsaber duel, space battle and the unforgettable power of the Force.

MAY 2

7:00 pm Episode I: The Phantom Menace

MAY 3

9:30 am Episode II: Attack of the Clones1:00 pm Episode III: Revenge of the Sith4:30 pm Episode IV: A New Hope

7:30 pm Episode V: The Empire Strikes Back

MAY 4

9:30 am Episode VI: Return of the Jedi
12:40 pm Episode VII: The Force Awakens
4:00 pm Episode VIII: The Last Jedi
7:30 pm Episode IX: The Rise of Skywalker

MAY 7 - 11

Teacher Appreciation Week

Eligibility: Teachers Cost: Free Admission

Bring your teacher's ID and enjoy a free movie on us to celebrate you and all of your hard work!

WEDNESDAY, 14

Early Release Wednesdays: The Wild Robot (2024, PG)

Time: 2:00 pm Eligibility: Students & Teachers

Cost: Free Admission

Are you a student or a teacher? Spend your early release from school unwinding with a free movie every 2nd Wednesday of the month. Grab your friends and enjoy some cinema magic on us.



Enjoy 50% off Movie tickets this weekend to celebrate you! (May 17-18)

TUESDAY, 20

My Way Matinée: Willy Wonka & the Chocolate Factory (1971, G)

Time: 10:30 am Cost: Free Admission

Enjoy a sensory-friendly movie experience with dim lights and lower sound volume for all ages! Available the third Tuesday of every month.

WEDNESDAY, 21

Way Back Wednesdays: Rocky (1976, PG)

Time: 7:00 pm Cost: Free Admission

Enjoy a classic movie at Midtown 2 Theaters! Concessions will be available for purchase.

Bowling Center

x4302

SUNDAY, 4

Galactic Glow Bowl: May the 4th Edition

Time: 11:00 am - 6:30 pm **Cost:** \$15 per lane per hour Experience an out-of-this-world Star Wars-themed day of fun! Celebrate the Force with glow bowling, where the lanes light up like a lightsaber duel. Whether you are a Jedi or a Sith, it's the perfect way to mark this epic day in the galaxy! May the 4th be with you!

SUNDAY, 11

Mother's Day Special

Time: 11:00 am - 6:30 pm Cost: 1 free game for Mothers

Treat the special Mother in your life to 1 free game of bowling, shoes included! Happy Mother's Day!



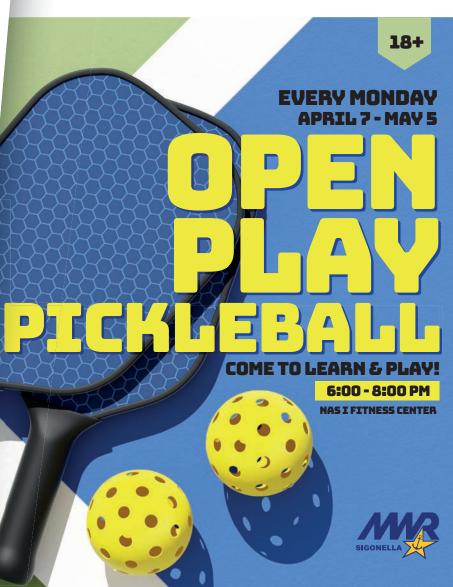
May 17-18
Buy 1, Get 1 Free Games
& Lane Rental Per Hour

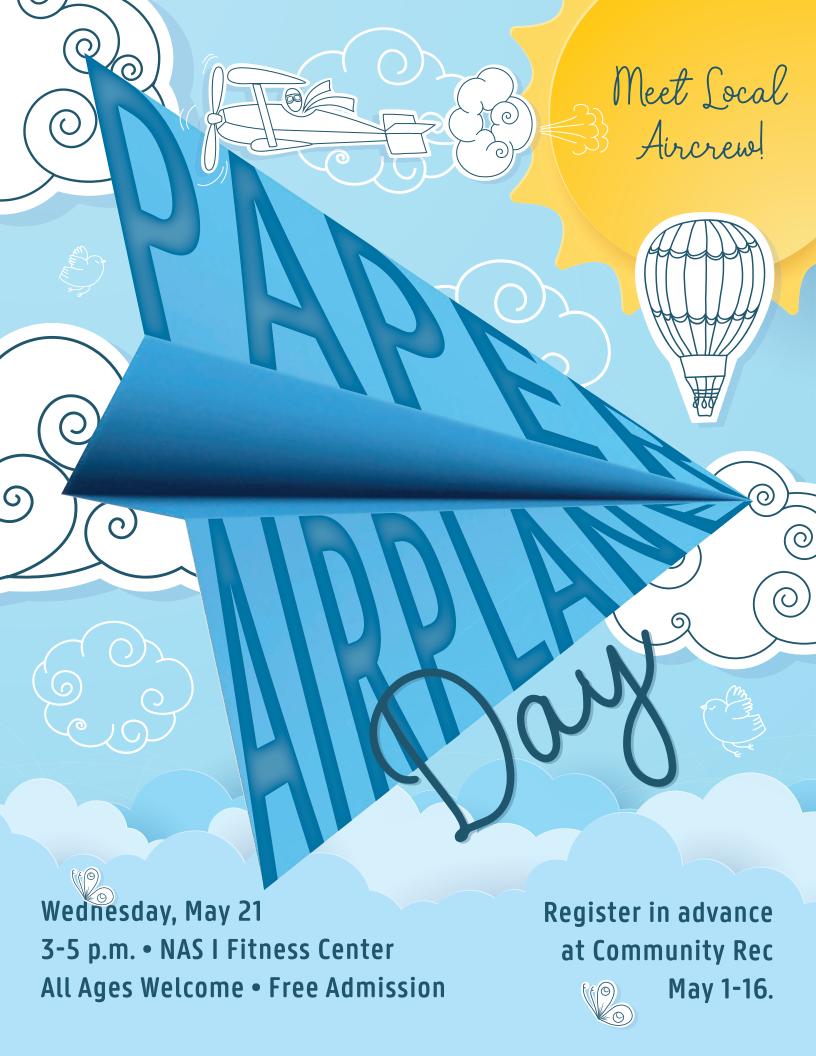
FRIDAY, 23

No School Glow Bowl

Time: 11:30 am - 4:00 pm Cost: \$5 per person

No school? Enjoy unlimited glow bowling including shoes and popcorn for just \$5 per person!





LEISURE SKILLS CLASSES MILLS

CLASSES / Register with Community Recreation

001

Upcycled Plastic Earrings

Wednesday, May 7 | 3:30-5:30 p.m. MWR Compass Room | Ages 8+ \$15/10 Liberty

Create 2 pairs of earrings made out of recycled plastic.





Upcycled Hubcaps

Tuesday, May 13 | 5-7 p.m. MWR Classroom | Ages 13+ \$25/20 Liberty

Paint a unique art piece on a recycled hubcap.

003

Unleash Your Inner Warrior

Wednesday, May 14 | 4:30-6 p.m. MWR Compass Room | Ages 11-18 \$15/10 Liberty

Blend karate techniques with acting training. No experience needed.



Community Activities

Registration for classes is available at Community Recreation or the Liberty Center. Please refer to each class description for any registration deadlines.

WEDNESDAY, 7

Upcycled Plastic Earrings

Location: MWR Compass Room Time: 3:30 - 5:30 pm

Ages: 8+ Cost: \$15/\$10 Liberty

Youth patrons will create 2 pairs of earrings made out of recycled plastic. The instructor will provide all materials needed to create each pair of earrings.

WEDNESDAY, 7

Indoor Belay Certification

Location: "The Cave" Rockwall Time: 2:00 - 5:00 pm

Ages: 14+ **Cost:** \$30/\$25 Liberty

This class will walk you through the steps of belaying a climber. To earn your Belay Certification Card, each participant must be able to show the ability to tie knots correctly and safely belay an actual climber.

TUESDAY, 13

Upcycled Hubcaps

Location: MWR Classroom Time: 5:00 - 7:00 pm

Ages: 13+ Cost: \$25/\$20 Liberty

Create a unique design on a recycled hubcap. Paint pens, paint and hubcaps will be provided. Come with a design in mind or be spontaneous and draw whatever inspires you!

WEDNESDAY, 14

Unleash Your Inner Warrior

Location: MWR Compass Room Time: 4:30 - 6:00 pm

Ages: 11-18 **Cost:** \$15/\$10 Liberty

Elevate your stage and screen presence with the power of martial arts! This dynamic workshop blends karate techniques with acting training to help performers develop physical awareness, confidence, and emotional intensity. You'll gain the tools to embody characters with strength, precision, and authenticity through movement-based exercises, breath control, and discipline. No prior karate experience needed—just a willingness to explore! Participants should wear comfortable clothing that allows for full range of movement.

x5603

568 Lounge

EVERY WEDNESDAY & FRIDAY

Karaoke Night

Wednesday: 8:00 pm - 12:00 am **Ages:** 18+ **Friday:** 9:00 pm - 2:00 am **Ages:** 18+

EVERY SATURDAY

DJ Nights

Time: 9:00 pm - 2:00 am Ages: 18+

SATURDAY, 3

May the 4th Be with You

Lessons: 8:30 pm - 2:00 am **Ages:** 18+ **Cost:** Free

Attend this Star Wars-themed party and come dressed up as your favorite Star Wars characters while enjoying specialty cocktails! A costume contest will be held for individuals and couples who dress up in their finest Star Wars attire. Corn hole and Giant Jenga will be available outside.

FRIDAYS, 9 & 23

Latin Dance Lessons

Lessons: 8:30 - 10:00 pm | **Dancing:** 10:00 pm - 2:00 am

Ages: 18+ Cost: Free Admission

MWR is hosting Salsa, Bachata & Merengue lessons in our newly renovated facility, 568 Lounge, on NAS II! Join us for lessons and then spend time afterwards practicing by dancing the night away!

Auto Skills Center

x5244

SATURDAY, 10

Auto Skills Maintenance Class: Car Care 101

Time: 10:30 am Ages: 16+ Cost: \$5

Learn how to check fluid levels, check filters, inspect brakes, change a tire, replace wiper blades and other regular maintenance techniques to keep your car running efficiently. This class will be hands-on instruction on your own vehicle or observe and practice on our demonstration vehicle. No registration required.

Diagnostic Computer

\$20 - Scan for engine fault codes or lights on the dashboard. Compatible with all vehicle makes and models.

Oil in Stock!

We offer oil change assistance with Fully Synthetic 0W20, 5W30, and 5W40 premium engine oil for all vehicle types.

\$48 for four liters/quarts

+ \$12 per additional liter/quart.

Bring your own filter, or we can order it with two day delivery (for most vehicles).

Rent the lift!

Indoor lift bay + access to tools! \$5 per hour.

Nail in your tire?

We can fix it! **Tire Plugs \$5.**

Leaky valve stem?

We have them in stock for \$1.

AC needs freon?

AC Recharge \$15 + refrigerant.

We have freon in stock! AC Leak Testing also available.

Connections Bar

x5603

SUNDAY, 11

Mother's Day Mimosa Social

Time: 10:00 am - 2:00 pm Ages: All Ages welcome Cost: Free Admission

Enjoy a relaxing Sunday and unwind while listening to music and playing outdoor games with your family. Mimosas will be available for purchase.



SUNDAY, 4

Circumetnea Train Adventure & Randazzo Walking Tour

Depart: NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am

Return: 4:30 pm Cost: \$40 (Includes transportation, guide, and train

ticket. Bring euro for food)

Get ready for some fabulous views of Mt. Etna when you board the Circumetnea Train. Ride the train all around Mt. Etna with a stop in the historic town of Randazzo for a 2.5-hour walking tour. This medieval walled city was devastated in WWII when more than 80% of its houses were destroyed by Allied Forces. We will stop for an Italian panini in town before being transported by bus to the town of Bronte for a pistachio arancini. Please be sure to wear comfortable shoes for this trip.

FRIDAY, 9

Catania Day Shuttle

Depart: NAS II 8:30 am, Marinai 8:45 am, NAS I 9:00 am Return: 2:00 pm Cost: \$20 (Transportation only)

Want to spend some time at the markets, find a new restaurant or just wander around and shop? Join Community Recreation for a trip to Catania

Depart: NAS II 5:30 am. Marinai 5:45 am. NAS I 6:00 am Return: 10:00 pm.

SATURDAY, 10

Vulcano Island: Walking & Wine Tour

Cost: \$135 (Includes transportation, guide, wine tasting and lunch) On this walking wine tour of Il Soffio Sulle Eolie, take in the sights of Vulcano Island. Be surrounded by Malvasia grapes and views of the sea from the winery terrace. Afterwards, hop on a van to explore the most ancient church and lighthouse of the island and walk along the coast. Make the last stop memorable by taking a dip in the island's black Sulphur beach. Please note the following: the water/mud has a very strong sulfurous odor. Be sure to bring an older swimsuit as the mud may stain and the smell is almost impossible to remove. We also recommend bringing a change of clothes along with a plastic bag for your muddy suit.

x4777 - X4396 Trips & Tours

Pick Up & Drop Off

NAS I: CDC Parking lot. MARINAI: In front of Youth Complex.

NAS II: Flight Line Clinic parking lot. Return times are subject to change.

All children 17 years and younger must be accompanied by a parent or guardian on ALL trips. Children 3-11 are 1/2 price on all tours, unless otherwise noted. Children 2 and under are free.

Bellini Theater



SATURDAY, 3

Depart: NAS I 4:00 pm (Only Departure)

Return: 11:00 pm Floor Seats: \$75 | Gallery Seats: \$50 (Includes transportation, guide and theater ticket)

Othello is one of William Shakespeare's best known and most frequently performed tragedies. Set in sixteenth century Venice and Cyprus, it tells the story of Othello, a brave but socially insecure Moorish general. After his secret marriage to Desdemona, Othello is betrayed by lago, one of his officers, who uses cunning manipulation and deception to make Othello suspicious of his wife. He takes advantage of Othello's weakness and drives him to hot-tempered jealousy that leads to murderous madness.



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Via Zuara, 60 - 95040 Motta Sant'Anastasia | Tel. 095 755 3048 - Fax 095 755 3057 e-mail: magnoliaresidence@virgilio.it | www.magnoliaclubresidence.com

SUNDAY, 11

Lipari Island

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am

Return: 10:30 pm Cost: \$135 (Includes transportation, guide, ferry fees

and lunch)

Witness the beauty one of the seven Aeolian Islands, Lipari Island! Travel from Sicily to Lipari on the ferry, and take a trip around the island by bus to witness the panoramic views of the sea. During the day, enjoy a stop in the city center for lunch and visit the Castle of Lipari. Afterwards, enjoy free time to shop or explore before departing the island.

THURSDAY, 15

Pottery Shopping in Patti

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 3:30 pm **Cost:** \$55 (Includes transportation and guide. Bring euro for lunch and shopping)

Tour a small town along the northern coast, founded by the Normans in the 11th Century. Patti plays host to one of the most famous ceramic manufacturers in Italy. Patrons will have the opportunity to purchase hand-painted pottery with discounts ranging from 15-20% off wholesale prices.

SATURDAY, 17

Flower Festival: Noto

Depart: NAS II 10:30 am, Marinai 10:45 am, NAS I 11:00 am

Return: 8:30 pm Cost: \$85/\$75 Liberty (Includes transportation, guide,

entrance fees and lunch)

The annual "Infiorata" or Flower Festival celebrates the arrival of spring and features an amazing display of fresh flower mosaics that consume Via Nicolaci in the town of Noto. The traditional 16 sketches will be embellished with some film scenes shot in our wonderful city. The whole town participates in this wonderful and famous Sicilian event. Following the festival, enjoy lunch at Agriturismo "La Trota". Please choose the seafood, meat, or vegetarian meal at the time of registration.

FRIDAY, 30

Etna Comics (Comicon)

Depart: NAS II 3:00 pm, Marinai 3:15 pm, NAS I 3:30 pm **Return:** 11:30 pm **Cost:** \$40/\$35 Liberty

(Includes transportation, guide and entrance fees) **Ages:** 16+ Etna Comics, an International Festival of Comics, Games and POP Culture, is known as the largest festival in southern Italy for the last 13 years. It has been an unmissable event for all fans of comics, cinema, animated films, TV series, games and video games, but also music, shows, concerts, traditional Japanese culture and much more.

SATURDAY, 31

Flower Festival: Caltagirone

Depart: NAS II 3:00 pm, Marinai 3:15 pm, NAS I 3:30 pm Return: 11:30 pm Cost: \$75 (Includes transportation, guide, entrance fees and dinner) Ages: 18+

Caltagirone is known worldwide for its ornate ceramics. On this tour, admire the 142-step staircase of Santa Maria del Monte of Caltagirone. Each year, the staircase is decorated in a different grandiose design of flowers, which honors Madonna of Conadomini. Afterward, enjoy a late dinner and wine tasting at Borgo Antico Agriturismo.

Employee of the QUARTER

II Quarter 2025



SUNDAY, 18

Agrigento: Valley of the Temples & Lunch

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am Return: 7:00 pm Cost: \$80 (Includes transportation, guided tour, entrance fees and lunch) Originally founded as a Greek colony in the 6th century B.C., Agrigento became one of the leading cities in the Mediterranean world. The town of Agrigento is known for its spectacular Valley of Temples and the sacred area of ancient Akragas which is one of the most important colonies of the Greek Empire. Tour Agrigento's Valley of the Temples, followed by lunch at a local restaurant. Please choose between the meat or fish option upon registration.

SUNDAY, 20

Pizza Making at the Lemon Farm

Depart: NAS II 9:00 am, Marinai 9:15 am, NAS I 9:30 am Return: 4:00 pm

Cost: \$65 (Includes transportation, guide, and pizza)

Let's make pizza from scratch! Start your day on the Lemon Farm, in Pozzillo, as we prepare the dough and stone oven with wood and fire. While the dough levitates, take a walk to the port of Pozzillo. Afterwards, return to the house to prepare the ingredients and learn the steps to make the perfect homemade pizza.



Sigonella with an incredible talent and eye for detail. She has elevated our social media presence on both Facebook and Instagram, increasing the number of posts, stories and reels, which creates more engagement each month. She has created new graphics and templates that people see every day throughout MWR facilities across both NAS I and NAS II to disseminate information to the community. This includes her recent update to the movie schedule graphic as well as the newly created template for the monthly group fitness schedule. Grace also works to keep the website updated as well as edits for our monthly Preview Magazine. She goes on the radio at AFN on Tuesday mornings and presents at INDOC to talk about everything MWR, among all of her other duties as a graphic designer. Grace is an extremely talented employee who is genuine and kind with everyone she works with and in everything she does, and she deserves to be recognized for her hard work. Thank you, Grace, for all that you do for MWR and the Sigonella Community!

BILL THURSDAY NIGHTS

AGES 18+ 5 9 32 46 67

11 21 6 11 21 6 18 13 20 31 19

30

68

JACKPOT

\$2,500 - \$8,000

increases \$500/week with no winner

\$1,200 IN CASH PRIZES given out each night!





PICKLEBALL TOURNAMENT

NAS I - NAS II <mark>- MARINA</mark>I

Doubles Division for Men, Women & Co-ed Double-Elimination Style Tournament

Registration Deadline MAY 16

To register, contact:
Angelina Gott: 624-3785
Angelina.p.gott.naf@us.navy.mil



Tournament Start Date MAY 19

Free sporting event

Registration Deadline MAY 28

Men's & Women's Division.
All participants must provide their own pitcher.

FRIDAY MAY 30

•••• SATURDAY, 3

Lava Hike & Gambino Winery

Depart: NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am Return: 5:00 pm Ages: 18+ Cost: \$60 (Includes transportation, guide,

lunch and wine tasting)

Enjoy a hike through the woods surrounding the Gambino Winery. This is a great way to see the eastern side of Mt. Etna and the lava flow from 2002. A tour of the winery will follow and will provide you with a unique opportunity to get a better understanding of the local natural environment and what all it has to offer!

•••• SUNDAY, 4

Mt. Bike: Plemmirio Natural Reserve

Depart: NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am Return: 5:00 pm Ages: 16+ Cost: \$65 (Includes transportation, guide, bike rental, and lunch Feel the breeze on your face as we ride along the coast in Siracusa's Plemmirio Natural Reserve. Ride through 12 km of natural wonders and historical areas, and finish the day with lunch in Ortigia.

> •••• SATURDAY, 10 **Hike: Lamponi Cave**

Depart: NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am Return: 5:00 pm Ages: 16+ Cost: \$65 (Includes transportation, guide, bike rental, and lunch Spend the day on the north side of Mt. Etna hiking to Timparossa and then to Lamponi Cave! This challenging and strenuous trail will offer a long day with amazing sights to see along the way. Following the hike, enjoy a break at the Timparossa shelter to eat your packed lunch.

•••• SATURDAY. 17

Quad Tour: Mt Etna

Depart: NAS II 7:00 am, Marinai 7:30 am, NAS I 7:45 am Return: 5:00 pm Ages: Children 13+ can ride along with an adult driver.

Cost: \$130 per person (Double rider) | \$180 per person (Single rider) (Includes transportation, guide, guad fees for 3hrs, and lunch)

Discover Etna like never before - on 4-wheels! Hold on as we tour the south side of Etna by quad, viewing everything that makes her so special, including explosive craters and caves, lava flows, charming old buildings and expansive green forests. This ride will be one for the books! Please note, all drivers must have a valid U.S. Driver's License. (The equivalent of an Italian B or B1 Motorcycle

SUNDAY, 11 ••••• Kayak/Paddle Board:

Capo Passero Natural Marine Reserve

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am

Return: 6:00 pm Ages: 16+ Cost: \$60 (Includes transportation, guide and gear rental. Please bring a

Spend Sunday kayaking or paddle boarding around the Natural Marine Reserve of Capo Passero in Marzamemi, a small fishing village with a scenic coastal city view. Bring water, snacks, swimsuit, towel, sunscreen and sunglasses.

FRIDAY, 23 •••••

Intro to Paddle Board: Aci Trezza

Depart: NAS II 3:30 pm, Marinai 3:45 pm, NAS I 4:00 pm Return: 9:30 pm Ages: 16+

Cost: \$65/\$55 Liberty (Includes instruction, gear

and guide. Bring Euro for dinner)

Stand up paddle board the marine reserve of Aci Trezza, a wonderful fishing village with three small volcanic islands known as 'The Rocks of Cyclops'. Your guides will offer instruction regarding balance, control, paddle strokes and turning techniques. Afterwards, enjoy some free time visiting the town.

SUNDAY, 25 •••••

Kayak/Paddle Board: Plemmirio Natural **Marine Reserve**

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am Return: 5:30 pm Ages: 16+ Cost: \$65 (Includes transportation, guide and gear rental. Bring euro for food or packed lunch)

Spend the day kayaking and paddle boarding around the Natural Marine Reserve of Plemmirio for a unique view of Siracusa from the sea. View natural coves only accessible by water and local mussel farms along the shore. Take a break on shore to relax, eat lunch, and take in the sun and views. Finish out the trip, taking in the serenity of the reserve as you paddle along. Bring water, snacks, swimsuit, towel, sunscreen and

Employee of the MONTH MARCH 2025



Silvana Zappalá SUPPLY CLERK - N94

Silvana has done a great job taking ownership and finding ways to streamline the back of the house operations for BPAs, the warehouse and more. She consistently ensures each program has their BPAs in a timely manner and always validates that the BPAs are approved the correct way, especially with all the new requirements. For end-of-month closing, she works with program managers to find open BPAs and helps to make sure they get turned in and entered into the system. Additionally, she has helped to clean up our FoodTrak database for ordering and warehouse needs. Silvana is always looking for ways to help and is a true asset to the team. Thank you, Silvana, for all that

you do for MWR behind the scenes!

SATURDAY, 17 •••••

Hike: Scicli & Food Forest

Depart: NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am

Return: 6:00 pm Cost: \$85 (Include transportation, guide, food tasting

and lunch)

Visit Scicli, a town built in between rocks with an amazing story. Start with a welcome breakfast before taking an urban walk with a local guide. Visit the Inferno Food Forest farm where fruits, olives, grains and other vegetables are grown with syntropic agriculture and forestry in the countryside of Ragusa. Enjoy lunch after visiting the farm.

SUNDAY, 18 •••••

Hike: Mt. Etna

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am

Return: 6:30 pm Cost: \$150 (Includes transportation and local guides.

Please bring water and Euro for food)

Are you ready to tackle Mt. Etna? Ascend 3,000 meters (or more) up the mountain to enjoy the view of Sicily! This 8-hour, round-trip hike will take participants to the maximum hiking threshold based on the daily condition of volcanic activity. Due to the nature of the trip, there are a very limited number of spots.

SATURDAY, 24 • · · · ·

Tandem Sky Diving

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am Return: 3:00 pm Recommended Age: 18+ Cost: \$35 (Includes transportation only; the tandem jump with video and photo is €270 to be paid on site)
Take advantage of this amazing opportunity to sky-dive in Sicily. See spectacular views and experience an adrenaline rush with "Skydive Sicilia" during the tandem jump. Transportation and dive reservations are provided, but be sure to bring your own courage! Note: The weight capacity for this trip is 220 lbs.

Marzamemi Boat Tour

Depart: NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am **Return:** 6:00 pm **Ages:** 8+ **Cost:** \$105 (Includes transportation, guide, BBQ lunch, and gear)

Spend a relaxing day sightseeing, swimming and snorkeling in the spectacular, crystal clear waters of Marzamemi, a small fishing village located on the southeastern coast of Sicily. You will also enjoy a delicious Sicilian BBQ lunch aboard the boat. Bring water, snacks, swimsuit, towel, sunscreen and sunglasses.

SNEAK PEEK

•••• JUNE 1

Hike: Serracozzo

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 6:00 pm **Cost:** \$80 (Includes transportation, guide, wine tasting and lunch)

Hike along the ridge of Serra delle Concazze up to the Belvedere of Serracozzo on Mt. Etna. Visit a fascinating lava flow cave and cross a birch forest, which is rare at these altitudes. At the top, admire the beautiful and exciting view of the Valle del Bove. After the hike, stop in Linguaglossa at Casa Arrigo for lunch and a wine tasting.

•••• JUNE 1

Hike: Cavagrande

Depart: NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am Return: 4:30 pm Ages: 13+ Cost: \$50 (Includes transportation and guide. Bring a packed lunch or euro for food) Take in the sights and sounds of the Cassibile Valley! Descend 1,060 feet to the base of a marvelous canyon carved by the Cassibile River and find emerald green pools of water surrounded by lush oriental palm trees. Please note, this hike is demanding and participants are required to hike back up the canyon after enjoying the beauty at the bottom. Please remember to bring a swimsuit, plenty of water, snacks and a packed lunch. If needed, hiking backpacks can be rented from Community Recreation.









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TUESDAY, 6

Evening - Centro Sicilia Depart: NAS II 5:00 pm, NAS I 5:20 pm

TUESDAY, 20

Evening - Porte di Catania

Depart: NAS II 5:00 pm, NAS I 5:20 pm Return: 8:00 pm

Liberty is taking a trip to another beautiful mall in Catania! Porte di Catania offers a variety of stores and food spots to enjoy. Sign up at the Liberty Center or register online to reserve a seat on

MONDAY, 12

Mt. Etna Full Moon Hike

Depart: NAS II 6:00 pm, NAS I 6:20 pm **Return:** 11:00 pm **Cost:** \$15

Embrace the outdoors as we take on Mt. Etna during the full moon! Secure your spot at the Liberty Center or register online to partake in a mesmerizing night hike experience on majestic Mt. Etna.

THURSDAY, 15

Third Thursday Throwdown: Pop-A-Shot Competition

Location: Liberty Center Time: 4:30 - 7:00 pm Cost: Free Here's a chance to take your "shot" at winning some awesome prizes at Liberty's Third Thursday Throwdown!

SATURDAY, 17

Siracusa/Ortigia Town Shuttle

Depart: NAS II 11:00 am, NAS I 11:20 am Return: 6:00 pm Cost: \$15

Walk, eat and shop around this ancient city and enjoy the salty air and crystal blue waters as you explore the island of Ortigia. Be sure to bring euros for souvenirs and food.

WEDNESDAY, 28

Taste of Home with USO

Time: 5:00 - 6:00 pm Cost: Free

Swing by the Liberty Center for some home cooking provided by your friendly neighborhood USO. Food, friends, and games, what more could you want?

SATURDAY, 31

Taormina Town Shuttle

Depart: NAS II 11:00 am, NAS I 11:20 am

Return: 6:00 pm **Cost:** \$15

Hitch a ride to this beautiful hilltop town that looks over the famous Isola Bella. Please bring euro for souvenirs and food.

Liberty Center

Eligibility

E1-E6, Active Duty Military or Unaccompanied Military. All programs are held at the Liberty Center on NAS II unless otherwise stated.

EVERY MONDAY

Monday Magic: The Gathering

Location: Liberty Center Time: 4:00 - 7:00 pm Cost: Free

"Gather" with your fellow deck builders and see if you have the best strategy to reign supreme. Swing by to challenge others to play!

EVERY SATURDAY

Warhammer Weekends

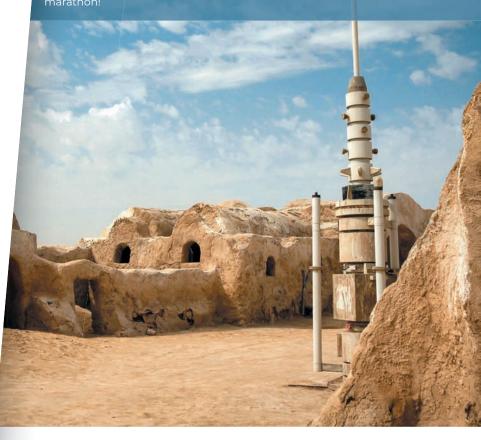
Location: Liberty Center Time: 12:00 - 7:00 pm Cost: Free

Need a reason to stop by the Liberty Center on the weekends? Well, how about 40K of them. Bring your army and battle others in this epic tabletop game. If you don't have the required equipment yet, stop by and learn all vou can about Superman's favorite game.

SUNDAY, 4

Star Wars Movie Marathon

Location: Liberty Center Time: 10:00 am - 7:00 pm Cost: Free May the 4th be with you as you join us this Sunday for a Star Wars movie





MAY 16 & 30
5-10 PM | MWR CHART ROOM | AGES: 18+



18+

NAS II TURF FIELD

M4 2-WY OL

FRIDAY, MAY 16

REGISTER BY 12 PM ON THURSDAY, MAY 8

ELIGIBILITY:

ACTIVE DUTY & CONTRACT SUPPORT STAFF ATTACHED TO A COMMAND REGISTER HERE







ADMIN OFFICE

MWR Administration

Phone 624-3968

Mon - Fri: 7:30 am - 4 pm Sat, Sun & Holidays: Closed

NAF Personnel Office

Phone 624-0522

Mon, Wed - Fri: 7:30 am - 4 pm Tues: 12:30 - 4 pm Sat, Sun & Holidays: Closed

FITNESS

Adult Sports Coordinator

Phone 624-3785

Fit District NAS I

Phone 624-4483

Mon - Fri: 5 am - 9 pm Sat, Sun & Holidays: 8 am - 3 pm 24-Hour access can be granted. Mon - Fri: 9 am - 7 pm Register at NAS I or NAS II Front Desk.

Flight Line Fitness Center **NAS II**

Phone 624-5243

Mon - Fri: 5 am - 9 pm Sat, Sun & Holidays: 8 am - 3 pm 24-Hour access can be granted. Register at NAS I or NAS II Front Desk.

Grinderz Skate Park NAS I

Mon - Sun: 8 am - 8 pm

AOUATICS

Splashers Pool NAS I

Phone 624-4334

Lap Swim

Mon - Fri: 11 am - 1:30 pm & 3 - 6 pm Sat, Sun & Holidays: Closed Rec Swim Begins May 24

NAS II Flight Line Pool

Phone 624-4766

Lap Swim:

Mon, Wed & Fri: 5:30 - 8:30 am & 10 am - 1 pm Tues & Thurs: 11 am - 1:30 pm & 3 - 6 pm

COMM RECREATION

Liberty Center NAS II

Phone 624-5602

Sat, Sun & Holidays: 10 am - 7 pm

Trips and Tours; **Equipment Rental: Compass & Chart Room** Reservations

Mon - Fri: 9:30 am - 5:30 pm Sat, Sun & Holidays: Closed

Library NAS I

Phone 624-3875

Mon, Wed, Fri: 9 am - 5 pm Tue & Thu: 9 am - 7 pm Sat: 10 am - 4 pm Sun & Holidays: Closed

CDC NAS I

Phone 624-3736

Mon - Fri: 6 am - 6:30 pm Sat, Sun & Holidays: Closed

SAC (School Age Care)

Phone 624-3712

Mon - Fri: 6 am - 6:30 pm Sat, Sun & Holidays: Closed

School Liaison Office

Phone 624-3242

Youth Complex: Teen Center & Youth Sports

Phone 624-1750 or 624-1747

Mon, Tues, Thurs & Fri: 2-7 pm Wed: On NAS I (YC Closed) No School days: 12-6 pm Phone 624-4396 or 624-4777 Sat, Sun & Holidays: Closed

COMM RECREATION BUSINESS ACTIVITIES **Auto Skills Center NAS II**

Phone 624-5244

Tues - Sat: 9:30 am - 5:30 pm Sun, Mon & Holidays: Closed

Midtown 2 Theaters

Phone 624-4216

Please See Movie Schedule

Spare Time Bowling

Phone 624-4302

Mon & Tues: Closed Wed & Thurs: 11:30 am - 8 pm Fri & Sat: 1:30 - 10 pm Sun: 11 am - 6:30 pm

Connections NAS I

Phone 624-4264

Fri & Sat: 5 pm - 12 am Sun - Wed: Closed

568 Lounge - NAS II

Phone 624-5603

Sun - Thurs: 5 pm - 12 am Fri & Sat: 7 pm - 2 am

Please check our website throughout the month for the most updated hours.







