NAS SIGONELLA YOUTH SPORTS AND FITNESS SUPPLEMENTAL INFORMATION FORM—FALL/WINTER 2024

***Requests and Preferences are not guaranteed and will be accommodated if available. ***

Flag Football and Outdoor Cheer: Ages 5-18 years old (as of 21 October 2024). Youth League Sports are designed to last a minimum of 6 weeks and provide the following benefits to youth: self-discipline, self-confidence, healthier self, and stronger relationships with peers and adults. The goal of Navy YSF is participation and skill building, not winning.

Parent Information		
Parent Name(s):	**Email(s):**	**Whats App:**

_____I confirm that I completed the NAYS Parent Orientation. I understand I must renew my membership annually.

Season Dates: October 21 – December 19, 2024. Practices are M/W or T/TH. No practices will occur on Holidays. Make up days are Fridays. Games will be on Saturday mornings.

Youth Information 1st Youth							
Youth Name:	**Youth Age:**	**Years of Experience:**	**Sport:**	**Jersey/ Top Size:**	**Short / Skirt Size:**	**Practice Day Preference:**	**Comments/Requests:**
			☐ Outdoor Cheer ☐ Flag Football	☐ Youth ☐ Adult	☐ Youth ☐ Adult	☐ Mon/Wed ☐ Tue/Thurs ☐ No Pref.	
Youth Information 2nd Youth							
Youth Name:	**Youth Age:**	**Years of Experience:**	**Sport:**	**Jersey/ Top Size:**	**Short / Skirt Size:**	**Practice Day Preference:**	**Comments/Requests:**
			☐ Outdoor Cheer ☐ Flag Football	☐ Youth ☐ Adult	☐ Youth ☐ Adult	☐ Mon/Wed ☐ Tue/Thurs ☐ No Pref.	
Youth Information 3rd Youth							
Youth Name:	**Youth Age:**	**Years of Experience:**	**Sport:**	**Jersey/ Top Size:**	**Short / Skirt Size:**	**Practice Day Preference:**	**Comments/Requests:**
			☐ Outdoor Cheer ☐ Flag Football	☐ Youth ☐ Adult	☐ Youth ☐ Adult	☐ Mon/Wed ☐ Tue/Thurs ☐ No Pref.	

If interested in volunteering as a coach, assistant coach, or officiating, please complete the below section:

Volunteer information: (For League Sports)		
☐ I am interested in being a head coach for **Cheerleading** ☐ I am interested in being a head coach for **Flag Football** ☐ I am interested in becoming a Flag Football official for games		☐ I am interested in being an assistant coach for Cheer ☐ I am interested in being an assistant coach for Football ☐ I am not interested / able to coach
Age Division	Practice Days	Practice Times
☐ U7 (Ages 5-7) ☐ U10 (Ages 8-10) ☐ U13 (Ages 11-13) ☐ U18 (Ages 14-18)	☐ Mondays / Wednesdays ☐ Tuesdays / Thursdays ☐ No Preference	*Practices are 60 minutes for U6 and U8. Practices for U11 may be between 60-90 minutes. Practices for U15 and U18 will be 90 minutes. ☐ 1600-1700 ☐ 1630-1730 ☐ 1700-1800 ☐ 1730-1830 ☐ 1800-1900 ☐ 1830-1930
Comments / Plans for Co-Coach:		T-Shirt Size:

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For Internal Use Only: Please give parent a copy of this form once processed.

Received On:	Processed By:	Confirm NAYS in CYMS:	Payment Received: