

Highlights of the Month

- *Valentine's Movie Date Night*
- *Carnevale in Acireale*
- *CYP Art Exhibit*

FEB **TWENTY**
25



GET SOCIAL



Facebook



Instagram



App

Youth Sports

Spring 2025

BASEBALL & SOFTBALL

Youth Ages 5-14, Co-ed Teams

Season Dates April 7 - May 31

Cost \$60, uniform includes shirt, pants & hat

Mandatory Parent Orientation

Option 1: Wednesday, 3/5
11:30 a.m. - 12:30 p.m. | Virtual

Option 2: Monday, 3/10
11:30 a.m. - 12:30 p.m. | Virtual

Pre-Season Workshops

U8: Tuesday, 3/11 | 5:30-6:30 p.m.

U11: Thursday, 3/13 | 5-7 p.m.

U14: Wednesday, 3/12 | 5-7 p.m.

Mandatory Assessments

U8-U14: Saturday, 3/15 | Time TBD

Opening Ceremony/First Pitch

Saturday, 4/19

2/11 - 2/28, Tuesday - Friday | 9 AM - 6 PM
at the Youth Complex in Marinai

Or Email Registration to:

usn.sigonella.nassigonellait.mbx.youth-sports@us.navy.mil

All Coaches and Referees must register by March 1

REGISTRATION

Note for Parents

All youth under the age of 13 must remain in compliance with the Base Supervision Policy in order to participate in Youth Sports and Fitness programs. Registration is required through the Youth Complex prior to participation in all activities.

Calendar information, programs, dates, age, cost and location are subject to change.

Steps to register for Youth Sports Activities and Programs:

1. Complete a Navy Child and Youth Program Registration Packet: www.navymwrsigonella.com
2. Complete the NAYS Parent Orientation - Link www.nays.org/parents
3. Must add organization "Sigonella".
4. Drop off forms at the Youth Complex in Marinai.

Volunteer Coaches and Referees

Our Youth Sports program is always looking for volunteers to Coach and Ref as they are the foundation of our Youth Sports department and are trained and educated to provide participants with a fun-filled, safe and rewarding experience. Volunteers that are registered before the season starts are eligible for discounted sports registration for their children. If you are interested in volunteering, please contact us.

For more information, contact the Youth Sports & Fitness
Coordinator at: 624-1750 | +39 095 56 1750
usn.sigonella.nassigonellait.mbx.youth-sports@us.navy.mil



x1750

Teen Programs

Eligibility

In order to participate, please enroll in our Youth Program by coming into the Youth Complex or calling 624-1750 for more information. Members must be 11 years old and have started the 6th grade to 18 years of age and still in high school.

Check out the Youth Complex Calendar!

You can find more events, clubs and fun happening throughout the month! Pick one up at the Youth Complex in Marinai or email jasmine.t.mailloto.naf@us.navy.mil

FACILITY CLOSURE:

FEB 17 Presidents' Day

MONDAYS, 10 & 24

Torch Club Meetings

Location: Youth Complex **Time:** 4:00 - 5:00 pm **Ages:** 11-13

Torch club provides leadership development opportunities to Sigonella preteens, ages 11-13 (grades 6-8). This month's meetings will involve planning and executing our club service project/event for the month, brainstorming ways to improve Youth Complex programming for our middle schoolers, and continuing the quest to officially chartering our club through BGCA!

MONDAY, 10

Table Talk Sessions

Location: Youth Complex **Time:** 4:30 pm

Youth Complex table talk sessions provide a safe and open space to discuss any and all topics related to being a teen. From learning more about identity and self esteem, to navigating safe and positive social interactions, everyone is welcome to express themselves and promote self-growth in a variety of ways! This month, our staff and teens will dive deep into topics of healthy relationships and communication amongst other fun topics driven by youth input!

THURSDAY, 13

Valentine's Field Trip

Depart: Youth Complex 10:00 am **Return:** 5:00 pm **Cost:** \$10

Back by popular demand, the teens will be going on another mall trip this month! Prepare to hang out with friends, shop until you drop for your loved ones for Valentine's Day, and enjoy lunch at the food court together at a new mall experience, Porte di Catania! Youth may turn in permission slips and make payment at either SAC or YC. Limited spots available, so don't hesitate to sign up and join us!



WEDNESDAY, 19

Keystone Club Meeting

Location: Midtown **Time:** 1:45 - 2:45 pm **Ages:** 14-18

Keystone club provides leadership development opportunities to Sigonella teens, ages 14-18 (grades 9-12), in four focus areas including Academic Success, Career Preparation, Community Service and Teen Outreach. This meeting will involve planning our monthly service project, figure out a potential field trip for Spring Break, and brainstorm other events and teen driven activities for the charter year based on our goal for... LEGACY STATUS!

SNEEK PEAK

Spring Break Camp at SAC

March 31 - April 4

Ages 5 and in Kindergarten to 12 years of age

Please register at Militarychildcare.com
For questions or more information, please call School Age Care at 624-3712/095-56-3712.

Library

x3875

ALL MONTH

Community Puzzles

Time: 10:00 am - 6:00 pm

Puzzles are always available throughout the month at the MWR Library for the community to work on together. Spend a relaxing afternoon making social connections and connecting pieces of the puzzles together.

FEB 3-14

Blind Date with a Book

Ages: 18+

Expand your repertoire by going on a blind date with a book! A selection of books will be wrapped with only a dating profile (brief book bio) to base your choice on. It could be a match made in heaven! Make sure to stop by and tell us all about your date!

WEDNESDAYS

Early Literacy: Full STEAM Ahead!

Time: 10:30 - 11:15 am **Ages:** 1-5 and caregivers

Join us to jump-start early literacy skills for toddlers and preschoolers! Caregivers and children will learn together while we sing, read, play, and grow. This program is best suited for pre-readers (ages 1-5) and their caregivers.

TUESDAY, 11

String Art Valentine Cards

Time: 3:30 - 5:30 pm

Create beautiful string art valentine cards using cardstock and embroidery floss. Templates will be available for multiple skill levels or we can help you create your own, no strings attached!



Monday/Wednesday/Friday

9 a.m. - 5 p.m.

Tuesday/Thursday

9 a.m. - 7 p.m.

Saturday

10 a.m. - 4 p.m.

STARTING FEBRUARY 1

x4248

Midtown 2 Theaters

Cost: \$6 Adults (12 years & older)
 \$4.50 Kids (6-11 years old) Free (5 years & under)
 Visit www.navywmwrsigonella.com/movies
 for showtimes.

FRIDAY, 14

Valentine's Movie Date Night

Time: 7:30 - 9:30 pm **Movie:** Valentine's Day (2010, PG-13)
Ages: 18+ **Cost:** Free Admission

Spend a cozy evening at the theater, filled with romance, laughter and smiles. Snuggle with your loved one or favorite movie buddy, and enjoy the show!

TUESDAY, 18

My Way Matinée

Time: 10:30 am **Movie:** Luca (2021, PG) **Cost:** Free Admission
 Enjoy a sensory-friendly movie experience with dim lights and lower sound volume for all ages! Available the third Tuesday of every month.

WEDNESDAY, 19

Way Back Wednesdays

Time: 7:00 pm **Cost:** Free Admission
 Check out our poll on Facebook & Instagram to vote for the next Way Back Wednesdays!
 (1) 50 First Dates (2004, PG-13)
 (2) The Notebook (2004, PG-13)
 (3) Dirty Dancing (1987, PG-13)
 (4) Footloose (1984, PG-13)

**PURCHASE YOUR
 TICKET HERE**



Softball Tournament March 25 - April 3

Registration Deadline: MAR 21
Location: NAS II Turf Field

Softball Official's Clinic March 19 & 20 at 5:30 pm

Eligible Patrons: Active duty, NATO
 & DoD ID cardholders **Cost:** Free **Ages:** 18+

For registrations and more information,
 contact the Adult Sports Coordinator,
 Angelina Gott at
angelina.p.gott.naf@us.navy.mil
 or **624-3785**.

Bowling Center

x4302

TUESDAYS Bowling Lessons

Time: 6:00 - 7:00 pm **Ages:** 10+ **Cost:** \$20 per person

Take your skill to the next level with a one-hour bowling lesson with a Pro. Join an exclusive small group class personalized to your needs, complete with shoe rental and all essentials for boosting your bowling average. Step up your game!

SATURDAYS 8, 15 & 22 Pins & Pops

Time: 6:00 - 9:00 pm **Cost:** \$30 per person (up to 4 people)

Enjoy your Saturday nights at the bowling alley with this exclusive package; includes 1 hour of bowling, show rental, one cheese pizza and a 2 liter of soda.

FEBRUARY 13 & 14 No School Glow Bowl

Time: 11:30 am - 4:00 pm **Cost:** \$5 per person

No school? Enjoy unlimited glow bowling including shoes and popcorn for just \$5 per person!



FRIDAY, 14 Stupid Cupid's Anti-Valentine's Day Event

Time: 5:00 - 10:00 pm **Cost:** \$2/game or \$10/hour

No date for Valentine's Day? No worries! Enjoy half price bowling, free shoe rental & chips at Spare Time!



BOWLING LEAGUE

**EVERY FRIDAY
 STARTING FEB 21
 5:00 PM
 8-week tournament**

\$2 per person, per week

Register at Spare Time Front Desk by February 20

AGES 16+

NAS I

BASIS **2** **CE**

SIGONELLA
RUN

7.25 miles

MAR
22
SATURDAY

FREE

**FOR MORE INFO
& TO REGISTER**



Check-in
6 am | NAS I

Start
7 am | NAS I ANNEX FIELD

Finish
NAS II MEMORIAL FOUNTAIN

Registration Deadline
Wednesday, March 19

Required to maintain
14:00 per mile pace

NAS II



SCAN FOR DETAILS

NATIONAL ART EXHIBIT

NAS SIGONELLA

FEBRUARY 12, 2025 | 3:45 PM

NATIONAL ART EXHIBIT

ALL SIGONELLA YOUTH AGES 6-18



EXHIBIT IN MIDTOWN ATRIUM



x4777

Community Activities

Registration for classes is available at Community Recreation or the Liberty Center. Please refer to each class description for any registration deadlines.

WEDNESDAY, 5

Beginners Modern Calligraphy

Location: MWR Chart Room **Time:** 5:30 - 7:30 pm **Ages:** 12+
Cost: \$25/\$20 Liberty + a one-time supply fee of \$35 (includes pens, nibs, ink holder, cleaner and bottle)

Unlock your creative potential in this 4-week Modern Calligraphy course, where classic techniques blend with artistic flair. Over four, 2-hour sessions, you'll explore the art of breaking calligraphy rules to develop your own expressive style. Whether you're a seasoned letterer or a complete beginner, this course offers hands-on guidance to help you create beautiful letters.

WEDNESDAY, 5

Indoor Belay Certification

Location: "The Cave" Rockwall **Time:** 2:00 - 5:00 pm **Ages:** 14+
Cost: \$30/\$25 Liberty

This class will walk you through the steps of belaying a climber. To earn your Belay Certification Card, each participant must be able to show the ability to tie knots correctly and safely belay and actual climber.

WEDNESDAY, 19

Wine Glass Painting: Mardi Gras/Carnivale

Location: MWR Chart Room **Time:** 6:45 - 8:15 pm **Ages:** 18+
Cost: \$15 per glass or (2) for \$25 (Liberty \$10/\$20)

Get creative and paint a Mardi Gras/Carnivale themed wine glass! The instructor will show patrons a few steps and examples to help make it an easy process.



WEDNESDAY, 26

Mystery Bag Creations

Location: MWR Chart Room **Time:** 2:30 - 4:30 pm **Ages:** 8+ (Children under 10 must be accompanied by an adult) **Cost:** \$15

Patrons in this class will be given a bag full of surprise materials to use to put together a 3D creation. Up-cycle plastics, cardboard and other various materials to create robots, jellyfish, animals or whatever comes from their imagination.

x5603

568 Lounge

EVERY WEDNESDAY & FRIDAY

Karaoke Night

Wednesday: 8:00 pm - 12:00 am **Ages:** 18+
Friday: 9:00 pm - 2:00 am **Ages:** 18+

EVERY SATURDAY

DJ Nights

Time: 9:00 pm - 2:00 am **Ages:** 18+

FRIDAYS, 7 & 21

Latin Dance Lessons

Lessons: 8:30 - 10:00 pm | **Dancing:** 10:00 pm - 2:00 am
Ages: 18+ **Cost:** Free

MWR is hosting Latin Salsa, Bachata & Merengue lessons in our newly renovated facility, 568 Lounge, on NAS III! Join us for lessons and then spend time afterwards practicing by dancing the night away!

Auto Skills Center

x5244

SATURDAY, 8

Auto Skills Maintenance Class: Car Care 101

Time: 10:30 am **Ages:** 16+ **Cost:** \$5

Learn how to check fluid levels, check filters, inspect brakes, change a tire, replace wiper blades and other regular maintenance techniques to keep your car running efficiently. This class will be hands-on instruction on your own vehicle or observe and practice on our demonstration vehicle. No registration required.



Diagnostic Computer

\$20 - Scan for engine fault codes or lights on the dashboard. Compatible with all vehicle makes and models.

Oil in Stock!

We offer oil change assistance with Fully Synthetic 0W20, 5W30, and 5W40 premium engine oil for all vehicle types.

\$44 for four liters + \$11 for each additional liter for larger capacity engines.

Bring your own filter, or we can order it with two day delivery (for most vehicles).

Rent the lift!

Indoor lift bay + access to tools! **\$5 per hour.**

Nail in your tire?

We can fix it! **Tire Plugs \$5.**

Leaky valve stem?

We have them in stock **for \$1.**

AC needs freon?

AC Recharge \$15 + refrigerant.

We have freon in stock!
AC Leak Testing also available.

Need auto parts?

Auto Parts Ordering is now available with **two day delivery included for most vehicles!** Call today or visit the Auto Skills Center on NAS II.

x4777 - X4396 **Trips & Tours**

Pick Up & Drop Off

NAS I: CDC Parking lot. **MARINAI:** In front of Youth Complex.

NAS II: Flight Line Clinic parking lot. Return times are subject to change.

All children 17 years and younger must be accompanied by a parent or guardian on ALL trips. Children 3-11 are 1/2 price on all tours, unless otherwise noted. Children 2 and under are free.

MONDAY, 3

St. Agatha Festival

Depart: NAS II 6:00 pm, Marinai 6:15 pm, NAS I 6:30 pm

Return: 11:30 pm **Cost:** \$60 (Includes transportation, guide and wine tasting with light appetizers)

Visit Wine and Charme for a wine tasting with light appetizers before exploring the importance of Saint Agatha by witnessing the procession with fireworks and observing her life near Elephant Square.



SATURDAY, 1

Circumetnea Train Adventure & Randazzo Walking Tour

Depart: NAS I 6:30 am, Marinai 6:45am, NAS II 7:00 am

Return: 4:30 pm **Cost:** \$40 (Includes transportation, guide, and train ticket. Bring euro for food)

Get ready for some fabulous views of Mt. Etna when you board the Circumetnea Train. Ride the train all around Mt. Etna with a stop in the historic town of Randazzo for a 2.5-hour walking tour. This medieval walled city was devastated in WWII when more than 80% of its houses were destroyed by Allied Forces. We will stop for an Italian panini in town before being transported by bus to the town of Bronte for a pistachio arancini. Please be sure to wear comfortable shoes for this trip.

SATURDAY, 8

Pizza Making at the Lemon House

Depart: NAS II 9:00 am, Marinai 9:15 am, NAS I 9:30 am

Return: 4:00 pm **Cost:** \$55 (Includes transportation, guide, and pizza)

Let's make pizza from scratch! Start your day on the Lemon Farm, in Pozzillo, as we prepare the dough and stone oven with wood and fire. While the dough levitates, take a walk to the port of Pozzillo. Afterwards, return to the house to prepare the ingredients and learn the steps to make the perfect homemade pizza.

SATURDAY, 8

Siracusa Sights: Ortigia

Depart: NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am **Return:** 6:00 pm

Cost: \$85 (Includes transportation, guide, lunch and fees.

Bring comfortable shoes to walk around Ortigia)

Visit the archeological site of Siracusa, built on an ancient Greek settlement and the historic island of Ortigia! Along the tour, have an opportunity to see the Ear of Dionysius, the Greek-Roman Amphitheater, the Siracusa Cathedral, the Temple of Athena and the mythological Fontana di Aretusa. Lunch at a local restaurant will follow the tour.

SUNDAY, 9

Maiorchino Cheese Festival in Novara di Sicilia

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 8:00 pm

Option 1: Guided Festival Tour - **Cost:** \$65/\$60 Liberty (Includes transportation, guide walking tour and lunch)

Option 2: Hiking Tour - **Cost:** \$55/\$50 Liberty (Includes transportation, guide, hiking tour and lunch)

Experience the Nebrodi Mountains with a hike through the beautiful woods, or by partaking in the cheese festival! Whichever option you choose, there will be an opportunity for free time at the festival to watch the extraordinary Maiorchino cheese competition in Novara di Sicilia (big wheels of cheese are rolled along the village lanes). Afterwards, enjoy lunch with local Nebrodi foods, including fresh pasta with mushrooms, boar meat, goat, pork and a selection of local veggies and fritters. As a bonus, this tour offers incredible pastries and an outstanding view over the Alcantara River and even the Aeolian Islands!

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e-mail: magnoliaresidence@virgilio.it | www.magnoliacubresidence.com

WEDNESDAY, 12

Catania by Night: Wine Tasting & Fireworks

Depart: NAS II 5:30 pm, Marinai 5:45 pm, NAS I 6:00 pm
Return: 11:00 pm **Cost:** \$60 (Includes transportation, guide and wine tasting w/ light appetizers) **Ages:** 18+

Enjoy a wine tasting at the Wine & Charme in downtown Catania, sampling local Sicilian wines and appetizers. Afterwards, watch the night's sky in Elephant Square light up by fireworks honoring Saint Agatha, the Saint Patron of Catania.

FRIDAY, 14

Pasta Making at Villa Neri

Depart: NAS II 4:00 pm, Marinai 4:15 pm, NAS I 4:30 pm **Return:** 10:30 pm
Cost: \$90 (Includes transportation, guide, cooking class with dinner and wine tasting) **Ages:** 18+

Spend this special day with a special person by learning how to make the traditional maccheroni pasta and freshly prepared meat sauce. Following the cooking class, enjoy dinner and wine from the Neri family.

SUNDAY, 16

Agrigento: Valley of the Temples & Lunch

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 7:00 pm
Cost: \$80 (Includes transportation, guided tour, entrance fees and lunch)
 Originally founded as a Greek colony in the 6th century B.C., Agrigento became one of the leading cities in the Mediterranean world. The town of Agrigento is known for its spectacular Valley of Temples and the sacred area of ancient Akragas which is one of the most important colonies of the Greek Empire. Tour Agrigento's Valley of the Temples, followed by lunch at a local restaurant. Please choose between the meat or fish option upon registration.

EMPLOYEE SPOTLIGHT



Fabio Carcagnolo and Antonio Virgillito
MWR MAINTENANCE

Fabio and Antonino have been paired up over the last 6 months and have completed many projects and trouble calls for Fleet and Family Support Center, MWR and CYP. Both of them filled in during the holiday season to allow fellow employees to take leave. They set the example and are always professional and dependable employees. Thank you, Fabio and Antonino, for all that you do behind the scenes for the Sigonella Community!



FEBRUARY 23 & MARCH 2

Carnevale in Acireale

Depart: NAS II 10:00 am, Marinai 10:15 am, NAS I 10:30 am
Return: 9:30 pm **Cost:** \$65/\$55 Liberty (Includes transportation, guide, lunch, and entrance fees for the festival)

Start your day with lunch at a Lemon Farm House with traditional food of the Carnevale season. Next, enjoy one of Sicily's most beautiful Carnivals, filled with extravagant parade floats made of paper-mâché and flowers, energetic marching bands and majorettes, colorful confetti, and festive music.

CATANIA FC
Soccer Games

COST: \$60 | Includes Transportation & Entrance Fees
REGISTER AT: COMMUNITY RECREATION | 624-4777

FEB 16
 Catania vs
 Casertana
 5:30 pm

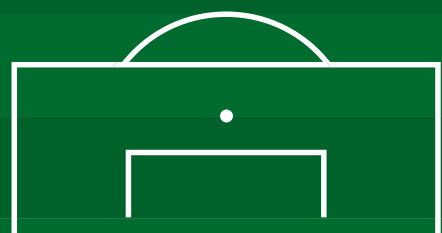
MAR 2
 Catania vs
 Foggia
 3:00 pm

WEST COAST SICILY

ERICE, MARSALA, TRIVIGLIANO AND SELINUNTE

Memorial Day Weekend

MAY 23-26

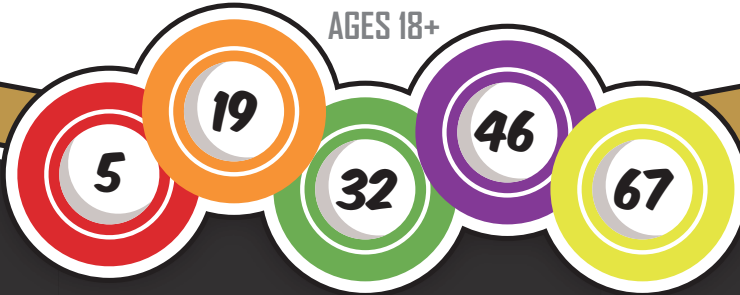


6 PM NAS | CHART ROOM

BINGO

THURSDAY NIGHTS

AGES 18+



RETURNS
JANUARY 9

JACKPOT

\$2,500 - \$8,000

increases \$500/week with no winner

\$1,200
IN CASH PRIZES
given out each night!



NO NAVY ENDORSEMENT IMPLIED

\$25

PACKAGE SALES
START 5 PM
in Connections

\$10 extra jackpot cards available



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You will feel at home as you are greeted by a friendly multilingual staff who will always be available for anything you need.

We will welcome you by offering a warm, rich, traditional Sicilian meal, prepared personally by the owner.

Our residence is conveniently located within 2 minutes of a shopping center and it offers very cozy villas with:

FULLY EQUIPPED KITCHEN

DINING-LIVING ROOM

SPACIOUS BEDROOMS

BATHROOMS

(one of our apartments is also equipped with a jacuzzi)

A/C AND CENTRAL HEATING

FREE WIFI (IN ALL AREAS)

FREE SKY TV

Our stunning and peaceful oasis includes gardens and terraces with:

SAFE AND SECURE PARKING AREA

SWIMMING POOL

BBQ GRILL

FREE LAUNDRY AND DRYER FACILITIES

The whole residence is protected by safe fencing and monitored by video surveillance.

We offer restaurant service (on request) to our clients.

It is also possible to provide shuttle service and babysitting.



C. da Cubba Marletta, 11 Misterbianco (CT) - Tel./Fax: +39 0957559035

Cell: +39 3470629927 • info@orangeparktla.com





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Outdoor Recreation

●●●○ SUNDAYS, 2 & 23

Kayak: Alcantara Gorge

Depart: NAS II 8:00 am, Marinai 8:15, NAS I 8:30 am **Return:** 6:00 pm
Ages: 18+ **Cost:** \$100 (Includes transportation, guide, gear, kayak & lunch. Please bring an extra pair of shoes.)

Experience another view of the beautiful Alcantara Gorge, by kayak! Famous for its volcanic formations and cold water, take the river all the way to the sea surrounded by a pebbled coast, afterwards lunch at local restaurant. During registration, please provide your wet suite size and height.

●●●○ SUNDAY, 9

Quad Tour: Mt Etna

Depart: NAS II 7:00 am, Marinai 7:15, NAS I 7:30 am **Return:** 5:00 pm
Ages: Children 12+ can ride along with an adult driver.

Cost: \$130 per person (Double rider) | \$180 per person (Single rider) (Includes transportation, guide, quad fees for 3hrs, and lunch)

Discover Etna like never before - on 4-wheels! Hold on as we tour the south side of Etna by quad, viewing everything that makes it so special, including explosive craters and caves, lava flows, charming old buildings, and expansive green forests. This ride will be one for the books! Please note, that all drivers must have a valid U.S. Driver's License. (The equivalent of an Italian B or B1 Motorcycle license).

●●●○ SUNDAY, 9

Maiorchino Cheese Festival in Novara di Sicilia

Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 8:00 pm

Option #1: Guided Festival Tour **Cost:** \$65/\$60 Liberty (Includes transportation, guide walking tour and lunch)

Option #2: Hiking Tour **Cost:** \$55/\$50 Liberty (Includes transportation, guide, hiking tour and lunch)

Experience the Nebrodi Mountains with a hike through the beautiful woods, or by partaking in the cheese festival! Whichever option you choose, there will be an opportunity for free time at the festival to watch the extraordinary Maiorchino cheese competition in Novara di Sicilia (big wheels of cheese are rolled along the village lanes). Afterwards, enjoy lunch with local Nebrodi foods, including fresh pasta with mushrooms, boar meat, goat, pork and a selection of local veggies and fritters. As a bonus, this tour offers incredible pastries and an outstanding view over the Alcantara River and even the Aeolian Islands!

Winter Equipment Rentals

DAY | WEEK

Adult Jacket	\$8	\$24
Adult Snow Pants	\$8	\$24
Child Snowsuit	\$7	\$21
Sled	\$5	\$15
Snowboard Boots	\$5	\$15
Snowboard Only	\$15	\$45
Snowboard w/boots & Helmet	\$20	\$60
Snowshoes	\$5	\$15

SAVE THE DATE

Salina & Stromboli Islands APRIL 4-6



Winter Activities

SATURDAYS 1, 8, 15 & MAR 1 ●●●●●

Snowboard/Ski Training Lesson

Depart: NAS II 6:30 am, Marina I 6:45 am, NAS I 7:00 am
Return: 5:00 pm **Recommended Age:** 12+ **Cost:** \$80 (Includes transportation & 2 hours of snowboard/ski instructions. Please bring euro for lift, gear rental & food)

For those wishing to learn how to snowboard, ski or improve their style, look no further than the experienced instructors of the Etna Sci Sport club for individual/group lessons. Spend two hours with qualified instructors learning the basics of the sport. When you're ready, hit the lift for more action!

SATURDAYS 1, 8, 15 & MAR 1 ●●●●●

Snowboarding: Mt. Etna

Depart: NAS II 6:30 am, Marina I 6:45 am, NAS I 7:00 am
Return: 5:00 pm **Recommended Age:** 12+ **Cost:** \$20 (Includes transportation only. Bring euro for lift tickets and food; 45-75 euro recommended)

Experience the ride of a lifetime shredding Mt. Etna. Snowboards, boots, bindings and helmets are available to rent on a first come first serve basis. All gear reservations must be made beginning the Tuesday before the trip. Children under 18 MUST be accompanied by an adult. All snowboard trips are weather permitting.

SUNDAY, 16 ●●●●●

Snowshoe/Hike: Lamponi Cave

Depart: NAS II 6:30 am, Marina I 6:45 am, NAS I 7:00 am
Return: 6:00 pm **Ages:** 18+ **Cost:** \$75 (Includes transportation, snowshoe rental and guide and lunch)

Explore Etna north by snowshoe or hike (weather dependent) to admire the volcanic landscape blanketed by snow. This tour covers 4 miles of moderately difficult terrain at high elevation. Lunch will be a Sicilian BBQ at Rifugio Timpa Rossa, where the group will rest and warm-up. Bring waterproof boots, warm layers, winter attire, water, and snacks.

●●●●● **MONDAY, 17**

Snowshoe/Hike: Rifugio Galvarina

Depart: NAS II 7:00 am, Marina I 7:15 am, NAS I 7:30 am
Return: 5:00 pm **Ages:** 16+ **Cost:** \$55 (Includes transportation, guide, snowshoe rental and BBQ lunch)
 Explore Etna's west side by snowshoe or regular hike (weather dependent) and admire the picturesque winter scenery. This tour will cover 6 miles of moderately difficult terrain at high elevation to the Galverina Shelter, where we will kick back and warm up with a bbq lunch. Please wear waterproof boots and warm winter attire, (layers recommended), and don't forget to bring water and snacks.

●●●●● **SATURDAY, 22**

Snowshoe: Mt. Sartorius

Depart: NAS II 7:00 am, Marina I 7:15 am, NAS I 7:30 am
Return: 6:00 pm **Recommended Ages:** 12+
Cost: \$75 (Includes transportation, guide, snowshoes, lunch and wine tasting)
 Enjoy snowshoeing in the forest of Mt. Sartorius on this approx. 2.5 hour snowshoe trip of medium intensity. This is one of oldest conifer forest of Mt. Etna, with trees between 200-300 years old. After the excursion we will have the lunch with a wine tasting at Casa D'Arrigo. Please wear waterproof boots and warm winter attire, (layers recommended), and don't forget to bring water and snacks.

ALL WINTER TRIPS ARE WEATHER AND SNOW PERMITTING

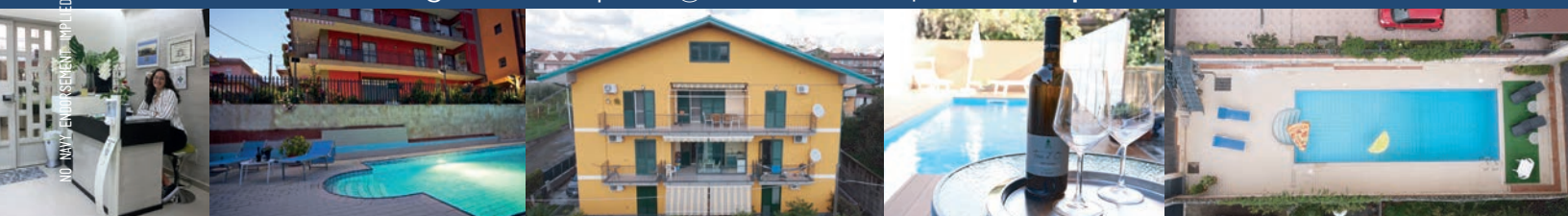
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TUESDAY, 11

Evening - Centro Sicilia

Depart: NAS II 5:00 pm, NAS I 5:20 pm

Return: 8:00 pm

SATURDAY, 22

Morning - Ikea

Depart: NAS II 10:00 am, NAS I 10:20 am

Return: 1:00 pm

TUESDAY, 25

Evening - Porte di Catania

Depart: NAS II 5:00 pm, NAS I 5:20 pm Return: 8:00 pm



FREE MALL SHUTTLE SERVICE



WATCH THE BIG GAME AT 568 LOUNGE

AFC vs NFC SUNDAY FEBRUARY 9

Enjoy official NFL swag for free Courtesy of USAA (while supplies last).

Game Kickoff | 568 Lounge 12:30 a.m. (Feb 10)

NO NAVY ENDORSEMENT IMPLIED

Liberty Center

x5602

Eligibility

E1-E6, Active Duty Military or Unaccompanied Military. All programs are held at the Liberty Center on NAS II unless otherwise stated.

EVERY MONDAY

Monday Magic: The Gathering

Time: 4:00 - 7:00 pm **Cost:** Free

"Gather" with your fellow deck builders and see if you have the best strategy to reign supreme. Swing by to challenge others to play!

EVERY SATURDAY

Warhammer Weekends

Time: 12:00 - 7:00 pm **Cost:** Free

Need a reason to stop by the Liberty Center on the weekends? Well, how about 40K of them. Bring your army and battle others in this epic tabletop game. If you don't have the required equipment yet, stop by and learn all you can about Superman's favorite game.

SUNDAY, 2

Groundhog Day Movie Marathon

Cost: Free

Do you ever feel like you're living the same day over and over again? Well, break that monotony by stopping into the Liberty Center, making some popcorn, and watching a movie about a guy living the same day over and over again. No worries if you miss the first showing, because we're playing it over and over again!

WEDNESDAY, 5

Liberty Lunch: Chicken Alfredo Pasta

Time: 11:30 am (while supplies last) **Cost:** Free

In Italy, it's considered a sin to serve chicken in a pasta dish. The Liberty Center doesn't share these morals, so stop by and enjoy some delicious, creamy, cheesy Chicken Alfredo.

FRIDAY, 7

Cooking on a Budget: 7-Layer Bean Dip

Time: 11:00 am - 1:00 pm **Cost:** Free

Interested in a cooking class? Come participate in our "Cooking on a Budget" series demonstrated by our very own Sigonella Health Promotion & Wellness Center. This month's recipe comes just in time for the Big Game on Sunday. Learn how to make a delicious 7-layer bean dip to take to your weekend tailgate!

WEDNESDAY, 19

Liberty Lunch: Mashed Potato Bowls

Time: 11:30 am (while supplies last) **Cost:** Free

Don't be shy, come in to try our take on the famous mashed potato bowl! End the day with a warm meal and good company!

THURSDAY, 20

Third Thursday Competition: Ping-Pong Showdown

Time: 4:30 - 7:00 pm **Cost:** Free

Fancy yourself a premier paddler? If so, come prove it at February's Third Thursday Competition and compete against other pongers to see who slams supreme.

WEDNESDAY, 26

Liberty Snack: Nachos

Time: 11:30 am (while supplies last) **Cost:** Free

This is "nacho" average plate of chips, it's way cheesier. Join us at the Liberty Center for a delicious snack!





INSURANCE

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FEB ^{TWENTY} 25



MWR DIRECTORY

TO CALL COMMERCIAL: +39 095 56 xxxx
+39 095 86 xxxx

ADMIN OFFICE

MWR Administration

Phone 624-3968

Mon - Fri: 7:30 am - 4 pm
Sat, Sun & Holidays: Closed

NAF Personnel Office

Phone 624-0522

Mon, Wed - Fri: 7:30 am - 4 pm
Tues: 12:30 - 4 pm
Sat, Sun & Holidays: Closed

FITNESS

Adult Sports Coordinator

Phone 624-3785

Fit District NAS I

Phone 624-4483

Mon - Fri: 5 am - 9 pm
Sat, Sun & Holidays: 8 am - 3 pm
24-Hour access can be granted.
Register at NAS I or NAS II
Front Desk.

Flight Line Fitness Center NAS II

Phone 624-5243

Mon - Fri: 5 am - 9 pm
Sat, Sun & Holidays: 8 am - 3 pm
24-Hour access can be granted.
Register at NAS I or NAS II
Front Desk.

Grinderz Skate Park NAS I

Mon - Sun: 8 am - 8 pm

AQUATICS

Splashers Pool NAS I

Phone 624-4334

Lap Swim

Mon - Fri:
11 am - 1:30 pm & 3 - 6 pm
Sat, Sun & Holidays: Closed

NAS II Flight Line Pool

Phone 624-4766

Lap Swim:

Mon, Wed & Fri:
5:30 - 8:30 am & 10 am - 1 pm
Tues & Thurs:
11 am - 1:30 pm & 3 - 6 pm

COMM RECREATION

Liberty Center NAS II

Phone 624-5602

Mon - Fri: 9 am - 7 pm
Sat, Sun & Holidays:
10 am - 7 pm

Trips and Tours; Equipment Rental; Compass & Chart Room Reservations

Phone 624-4396 or 624-4777

Mon - Fri: 9:30 am - 5:30 pm
Sat, Sun & Holidays: Closed

COMM RECREATION

Library NAS I

Phone 624-3875

Mon, Wed, Fri: 9 am - 5 pm
Tue & Thu: 9 am - 7 pm
Sat: 10 am - 4 pm
Sun & Holidays: Closed
STARTING FEBRUARY 1

CYP

CDC NAS I

Phone 624-3736

Mon - Fri: 6 am - 6:30 pm
Sat, Sun & Holidays: Closed

SAC (School Age Care)

Phone 624-3712

Mon - Fri: 6 am - 6:30 pm
Sat, Sun & Holidays: Closed

School Liaison Office

Phone 624-3242

Youth Complex: Teen Center & Youth Sports

Phone 624-1750 or 624-1747

Mon, Tues, Thurs & Fri: 2-7 pm
Wed: On NAS I (YC Closed)
No School days: 12-6 pm
Sat, Sun & Holidays: Closed

BUSINESS ACTIVITIES

Auto Skills Center NAS II

Phone 624-5244

Tues - Sat: 9:30 am - 5:30 pm
Sun, Mon & Holidays: Closed

Midtown 2 Theaters

Phone 624-4216

Please See Movie Schedule

Spare Time Bowling

Phone 624-4302

Mon: Closed
Tues - Thurs: 11:30 am - 8 pm
Fri & Sat: 1:30 - 10 pm
Sun: 11 am - 6:30 pm

Connections NAS I

Phone 624-4264

Fri & Sat: 5 pm - 12 am
Sun - Wed: Closed

568 Lounge - NAS II

Phone 624-5603

Sun - Thurs: 5 pm - 12 am
Fri & Sat: 7 pm - 2 am

Please check our website throughout the month
for the most updated hours.



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